

F&B NEWSLETTER

Summer Term

Friday 3rd July 2026

End Of Topic Dates:

Nursery : 8th July - 11am or 2.45pm

Reception: 6th July - 2.45pm

Year 1: 10th July - 2.45pm

Achievements

We wanted to share the fantastically exciting news that Matilda and Sienna have become All England Dance National Finalists in the pre junior sections!

Matilda performed her musical theatre solo which is the song “Naughty” from the musical Matilda. Sienna performed her classical Greek solo where she is a flower fairy.

To get to Regional Finals they first had to achieve a qualifying mark at a nominated dance festival. At pre junior age this isn’t easy. They then had to finish in the top 2 of their section at Regional Finals last week to progress to National Finals this summer. There are 7 regions throughout the country, with all National Finalists going to Eastbourne at the start of the summer holidays. There were over 380 schools taking part and more than 12000 entries!

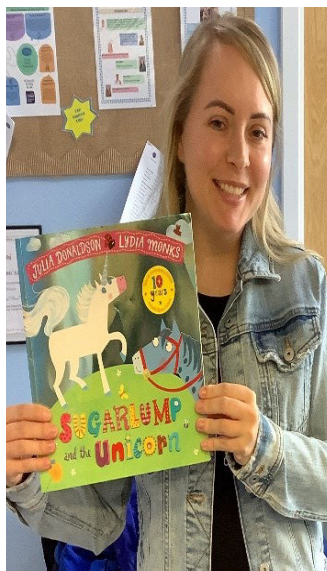
Matilda is representing Diverse Performing Arts in the Pre Junior Musical Theatre solo section. Sienna is representing Graham School of Dance in the Pre Junior Classical Greek solo section. They’ve both performed brilliantly this week with Matilda winning her section and Sienna runner up in hers.



Please can we ask if all parents could complete this engagement survey, which aims to better understand travel behaviour and any barriers parents face when travelling to and from school.

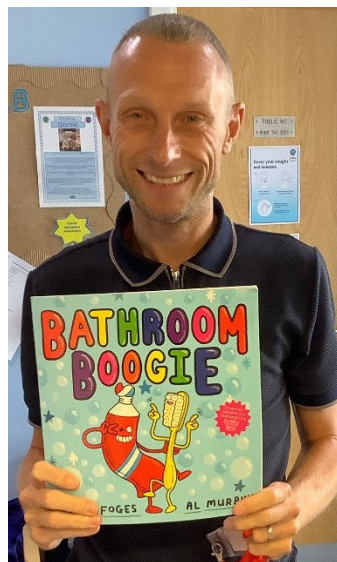
<https://www.surveymonkey.com/r/JGSLFF9>

Secret Reader



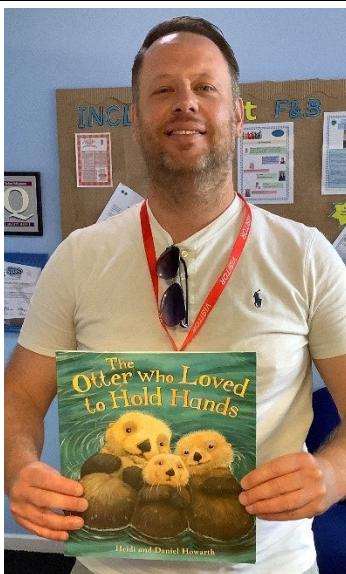
"The children sat beautifully, it was a great experience. Eden was so surprised to see me which was the best part!"

Jade S



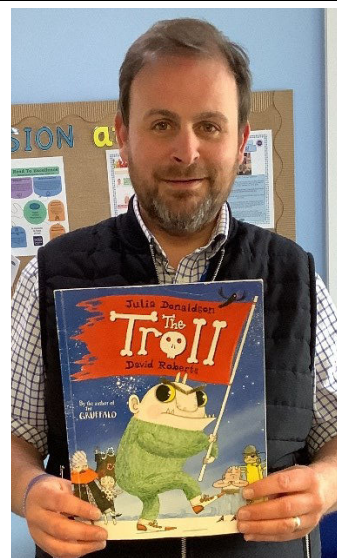
"The children were so good and well behaved and enjoyed the book. Maisie was very surprised and happy to see me. The children even mentioned that I had hair which was a lovely compliment!"

Lee S



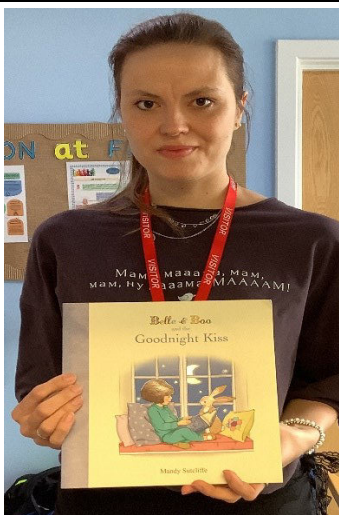
"Great experience, Dolphin class listened really well"

Tom D



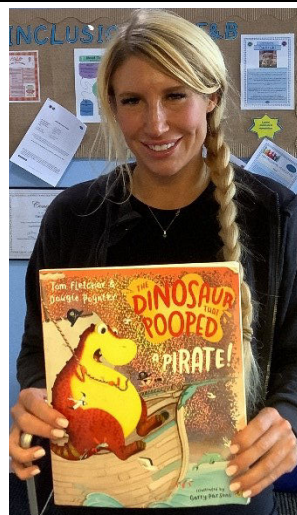
"Well done Starfish Class! You were brilliant and all engaged really well. Looking forward to seeing you again soon!"

Mr Lough



"It's such a lovely idea. I really enjoyed sharing this story with Seal class. They were so nice and excited to know where Boo was hiding"

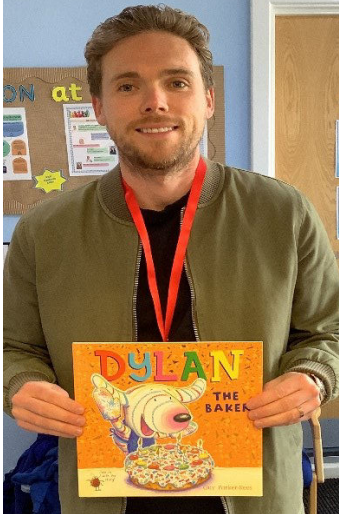
Alena F



"The most amazing experience seeing Harry's little face light up and smile so big. Seeing his class interact and laugh were such special moments, I will treasure forever"

Amy C

Secret Reader



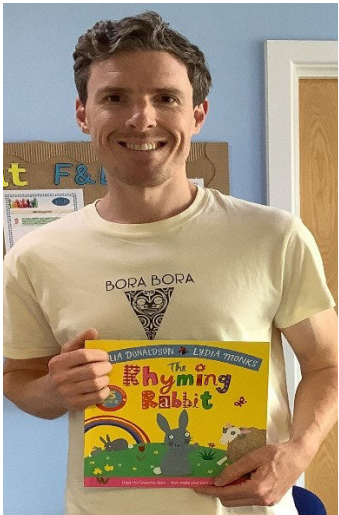
"Always wonderful reading to the class and seeing the surprise on Lyla's face"

Tony H



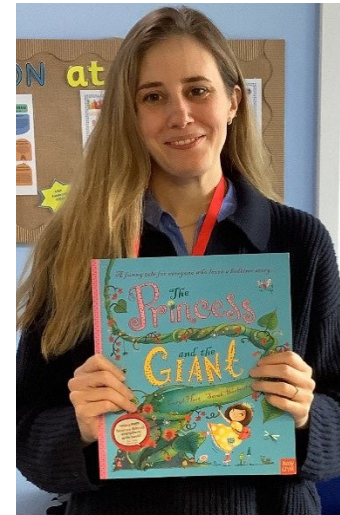
"Thank you for having me Starfish Class"

Tom D



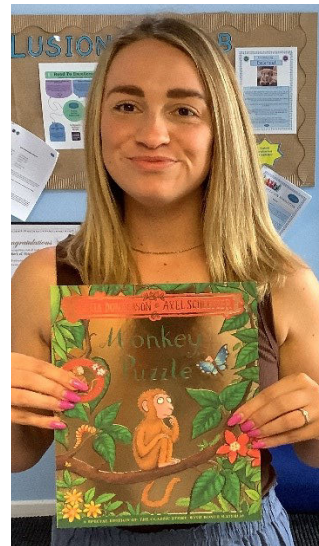
"What a wonderful treat to read to Seahorse class. Everybody sat and listened beautifully"

Ben M



"It was a lovely experience. The class listened beautifully."

Alice G



"It was a lovely experience, they sat so wonderfully. They enjoyed the book and Evie was very surprised to see me J"

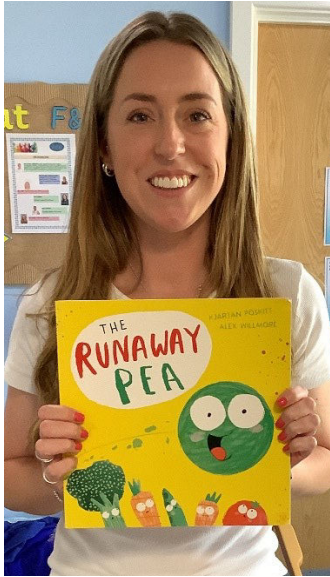
Tina C



"The children listened intently and I loved seeing all their happy faces"

Kerry H

Secret Reader



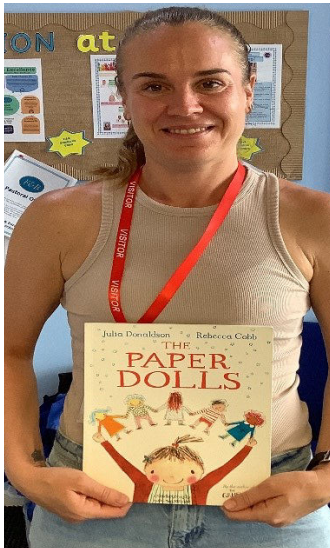
"Thank you for having me Starfish class! What a lovely experience, seeing Harley's face was wonderful"

Sophie M



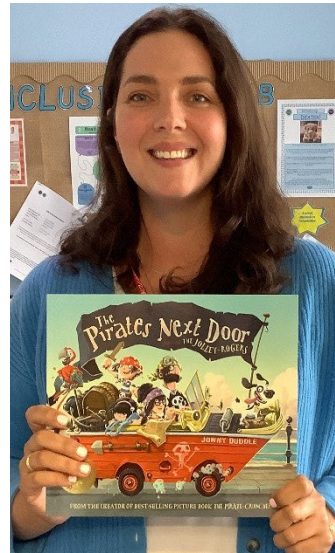
"It was a pleasure to read to Jellyfish class today. They sat and listened very quietly and Olivia was very happy to see Mummy"

Jenny A



"It was really lovely to read to Starfish, they seemed to enjoy it! Ella was very happy to see me J"

Sarah D-P



"It's such a treat to read to the class and see how engaged they are in the story. Thank you for your time Jellyfish"

Alice H



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Summer **Golden** Draw

£10,000 Cash Bonanza

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- £10,000 cash bonanza must be won!
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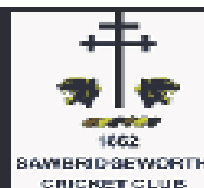


See website for Terms & conditions. Enter by 29/08/26.

Dates for the Diary

9th July	Move Up Day
15th July	Year 2 Leavers Show (9.30am & 5.30pm)
21st July	Last Day of Term—Finish at 2pm

SAWBRIDGEWORTH CRICKET CLUB



JUNIOR CRICKET



ENROLL YOUR CHILD TODAY!

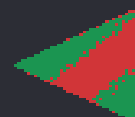
Are you looking for a fun and engaging sport for your child? Look no further! Our junior cricket training introduces children of all ages and skill levels to the exciting world of cricket. Opportunity to play matches - teams start from U9 upwards.

Training starts:



Friday 17 April
6pm-7pm - Senior Colts (school year 7-11)
5pm - 6pm - Girls (school year 4-11)

Sunday 19 April
10am-11am - Kindergarten (reception and nursery age)
10am-11am - Junior Colts (school year 1-4)
11am-12.30pm - Junior Colts (school year 5-6)



JOIN US FOR A FREE TRIAL SESSION

Email: Membership@sawbridgeworthcc.com to book your free trial
Or sign up at www.sawbridgeworthcc.com

INFORMATION AND ADVICE ABOUT EMOTIONALLY BASED SCHOOL NON-ATTENDANCE (EBSNA) FOR FAMILIES

EBSNA can affect children and young people of any school age. It can happen as a result of a wide range of different factors – home, wider family, community, school, friendships – often a combination of some or all of these.

WHY COULD MY CHILD BE ANXIOUS?

Anxieties can stem from a number of things such as:

- An unmet special educational need such as autism, ADHD, dyslexia or dyspraxia
- Friendship issues, not 'fitting in', or bullying
- Finding schoolwork confusing and overwhelming
- Separation anxiety
- Trauma
- Bereavement
- Low self-esteem
- The environment itself - especially for those who are autistic and/or neurodivergent



A child might become anxious about school at any stage. It can occur when children start school or transition into secondary school, or it might be related to puberty or hormonal changes. Read more on the [Local Offer website](#).



WHAT ARE THE WARNING SIGNS

- ? Can you spot patterns in your child's absence from school, e.g. certain days/activities?
- ? Does your child regularly say they don't want to go to school, or reluctant/delaying going to school?
- ? Does your child struggle with changes to environment, routine or stimulus?
- ? Are there physical symptoms on school days e.g. tummy aches, feeling sick, headaches?

(NB please always check with a GP to rule out any medical cause or illness).



WHAT TO DO

- 👍 Ask for a meeting with your child's school involving someone who knows your child e.g. class teacher, pastoral lead, SENCo. Be prepared by taking along any notes about the things your child finds difficult.
- 👍 Work together with school to build a child centred plan that understands the underlying problems which are making your child feel anxious about going to school. This could include adjustments to help your child access their education. There are tools which can help such as [Hertfordshire's EBSNA Framework](#).
- 👍 Include your child's voice in any plan as they are more likely to be able to stick to it. Check in after a while and review it with your school to see what is working well and what is not.
- 👍 Do advocate for your child's needs but also understand the limitations as to what your school might be able to do.
- 👍 If the agreed strategies are not working, speak again with your school to identify other services and professionals that might be able to support your child. The [Herts Hub](#) has a wealth of mental health signposting and ideas for early help.



REMEMBER...

- 👁️ With the right plan in place, being in school supports your child's academic progress, social development and mental wellbeing.
- 👁️ Small steps are often big wins.
- 👁️ ...also ensure that you find ways to support your own wellbeing in the process.

STRATEGIES TO TRY AT HOME

- ✓ Develop a plan for the evenings, which can include calming activities before bedtime e.g. gentle music, bath, story or reading.
- ✓ Also plan for the morning, and where possible get things ready for the next day the night before (school bag, lunch box etc).
- ✓ Make a diary which includes your child's worries and also identifies positives and what works well.
- ✓ Respond with empathy whilst encouraging small, manageable steps.
- ✓ Visual timetables at home and school might also help.





SUMMER *Schools* 2026

Junior (age 5 to 8)

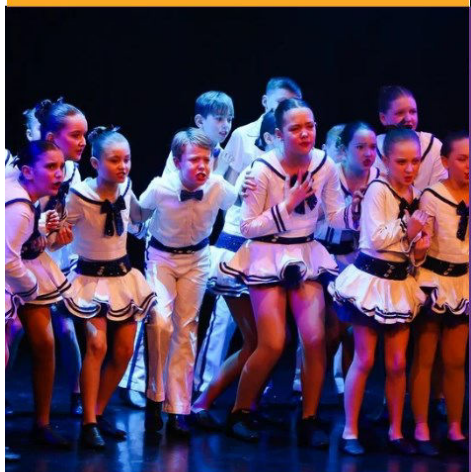
**Monday 27th to
Thursday 30th July**

Senior (age 7 to 16)

**Monday 3rd to
Thursday 6th August**



**Sawbridgeworth
Scout HQ**



**9.30am to
3.30pm**

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£130 standard
£110 siblings**

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on the final day**

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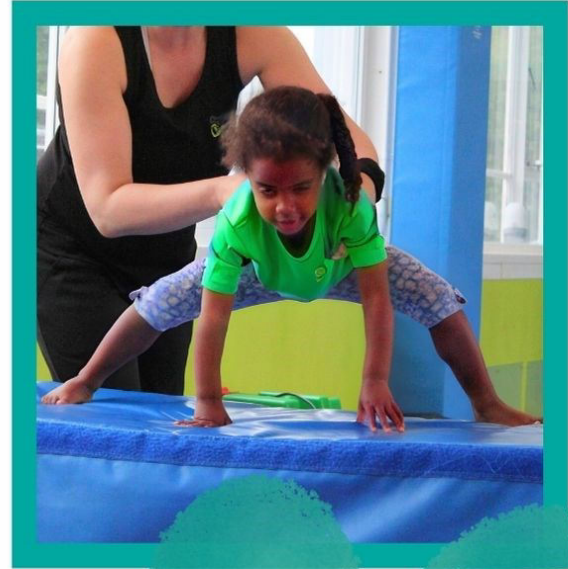
Search for: Readings Fawbert



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See website for Terms & conditions. Enter by 25/04/26



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FAWBERT & BARNARD INFANTS' SCHOOL RISE AND SHINE TECH CLUB

This half term 's focus is coding using Minecraft education!
Students will learn how to navigate the minecraft realm and
utilize Microsofts makecode builder, teachign them to
create algorithms, develop their probelm sol
and have loads of fun while doing it!



Ages:
5-7



£62 for Summer 1



Location:
Fawbert & Barnard Infants' School



Dates:
16/04/26 - 21/05/26



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