



F&B NEWSLETTER

Summer Term

Friday 17th July 2026

Dear Parents, Carers and Pupils,

As another wonderful school year comes to an end, I wanted to take a moment to thank every member of our Fawbert & Barnard community for making this such a memorable year. At F&B, our mission is to provide an exciting, ambitious and unique early education where every child is known, valued and encouraged to be the very best version of themselves. Throughout this year, our children have truly lived our values of Respect, Ambition and Perseverance in everything they have done.

From their first days in Nursery and Reception to our Year 2 pupils preparing for their next exciting chapter, we have watched our children grow not only academically, but as kind, thoughtful and confident young people. They have learnt to overcome challenges, celebrate one another's successes, show compassion, ask questions, persevere when learning has been difficult and, above all, continue to develop a genuine love of learning. This year has been filled with so many special moments. Whether in classrooms, on educational visits, during sporting events, music performances, outdoor learning, assemblies or simply through the everyday magic that happens in school, our children have made us incredibly proud. Their smiles, curiosity and enthusiasm remind us every day why F&B is such a special place.

To our parents and carers, thank you. Your encouragement, trust and partnership make an enormous difference. The strong relationships between home and school allow our children to flourish, and we are incredibly grateful for the support you continue to show our staff and one another. To our dedicated staff, I offer my sincere thanks. Their commitment, care and unwavering belief in every child create the nurturing environment that makes F&B such a successful school. So much of what happens throughout the year takes place behind the scenes, and I am incredibly proud to work alongside such a talented and compassionate team.

To our Year 2 pupils, we wish you every success as you move on to Reedings. You will always be part of the F&B family. Take with you the confidence, friendships and values you have developed here. Continue to show respect, be ambitious in all that you do and never give up when faced with challenges. We know you will achieve wonderful things.

Finally, to all of our children: thank you for making us smile every single day. You have worked incredibly hard, been wonderful friends, shown kindness to others and embraced every opportunity that has come your way. We could not be prouder of each and every one of you. I hope everyone enjoys a well-deserved summer filled with fun, laughter, adventure and time with family and friends. Stay safe, keep reading, keep exploring and keep being curious. We look forward to welcoming many of you back in September for another exciting year at Fawbert & Barnard. Have a wonderful summer.

Mr Lee Wells
Headteacher

Dates for the Diary

1st & 2nd September	INSET DAYS—SCHOOL CLOSED
3rd September	Term Starts
7th September	Year 1—What to expect meeting 2.30pm (sign up on Arbor clubs)
8th September	Year 2—What to expect meeting 2.30pm (sign up on Arbor clubs)
16th September	Year 2 Castle Workshop
22nd September	Individual School Photos
23rd September	Flu Vaccinations
9th October	Break The Rules Day (info to follow)
13th October	Parents Evening
15th October	Parents Evening
19th October	Reception End Of Topic 2.45pm
20th October	Year 2 End Of Topic 2.45pm
21st October	Nursery End Of Topic 11am or 2.45pm
22nd October	Year 1 End Of Topic 2.45pm
26th - 30th October	HALF TERM

Our Year 2 Leavers Show!

What incredible performances from our Year 2 children in their leavers shows!!!



INFORMATION AND ADVICE ABOUT EMOTIONALLY BASED SCHOOL NON-ATTENDANCE (EBSNA) FOR FAMILIES

EBSNA can affect children and young people of any school age. It can happen as a result of a wide range of different factors – home, wider family, community, school, friendships – often a combination of some or all of these.

WHY COULD MY CHILD BE ANXIOUS?

Anxieties can stem from a number of things such as:

- An unmet special educational need such as autism, ADHD, dyslexia or dyspraxia
- Friendship issues, not 'fitting in', or bullying
- Finding schoolwork confusing and overwhelming
- Separation anxiety
- Trauma
- Bereavement
- Low self-esteem
- The environment itself - especially for those who are autistic and/or neurodivergent



A child might become anxious about school at any stage. It can occur when children start school or transition into secondary school, or it might be related to puberty or hormonal changes. Read more on the [Local Offer website](#).



WHAT ARE THE WARNING SIGNS

- ? Can you spot patterns in your child's absence from school, e.g. certain days/activities?
- ? Does your child regularly say they don't want to go to school, or reluctant/delaying going to school?
- ? Does your child struggle with changes to environment, routine or stimulus?
- ? Are there physical symptoms on school days e.g. tummy aches, feeling sick, headaches?

(NB please always check with a GP to rule out any medical cause or illness).



WHAT TO DO

- 👍 Ask for a meeting with your child's school involving someone who knows your child e.g. class teacher, pastoral lead, SENCo. Be prepared by taking along any notes about the things your child finds difficult.
- 👍 Work together with school to build a child centred plan that understands the underlying problems which are making your child feel anxious about going to school. This could include adjustments to help your child access their education. There are tools which can help such as [Hertfordshire's EBSNA Framework](#).
- 👍 Include your child's voice in any plan as they are more likely to be able to stick to it. Check in after a while and review it with your school to see what is working well and what is not.
- 👍 Do advocate for your child's needs but also understand the limitations as to what your school might be able to do.
- 👍 If the agreed strategies are not working, speak again with your school to identify other services and professionals that might be able to support your child. The [Herts Hub](#) has a wealth of mental health signposting and ideas for early help.



REMEMBER...

- 🕒 With the right plan in place, being in school supports your child's academic progress, social development and mental wellbeing.
- 🕒 Small steps are often big wins.
- 🕒 ...also ensure that you find ways to support your own wellbeing in the process.

STRATEGIES TO TRY AT HOME

- ✓ Develop a plan for the evenings, which can include calming activities before bedtime e.g. gentle music, bath, story or reading.
- ✓ Also plan for the morning, and where possible get things ready for the next day the night before (school bag, lunch box etc).
- ✓ Make a diary which includes your child's worries and also identifies positives and what works well.
- ✓ Respond with empathy whilst encouraging small, manageable steps.
- ✓ Visual timetables at home and school might also help.





Gabriel taught Dexter to play cards and Dexter helped Gabriel learn to ride his new bike. They also coloured together and had a pretend BBQ, although Dexter wasn't keen on going in the pool. Gabriel also brought Dexter to Orla's birthday party (although you may not want to use that photo or to blur out the other people in the background).

Dexter's Adventure with Freddy

We had a super fun time with Dexter, who chose a great weekend to join Freddy (and his little sister Ruby), as we went away for the weekend to one of our favourite spots in North Norfolk! First, we stopped for brunch in the forest where Freddy and Dexter enjoyed a yummy hot chocolate. Then we headed to the beach, but it was SO windy...we didn't stay for long!



In the seaside town there was a motorcycle display with lots of Harley-Davidson bikes; Freddy thought they were cool, Dexter and Ruby thought they were too noisy! Then we explored the Fisherman's Lifeboat Museum, where Dexter sat on a real lifeboat boat that was 130 years old! After, we checked out the Shell Museum with amazing creations made from beach shells.

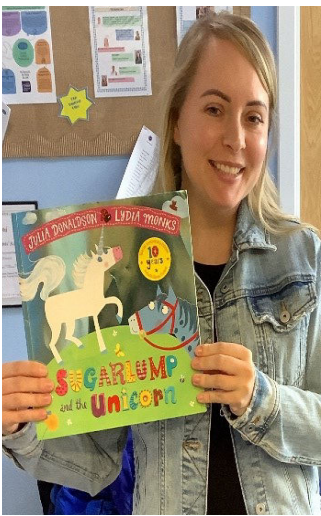


Next, we headed into the forest and went on a bike ride. Then it was time to head to our hotel where we had a yummy dinner. What a busy day!

On Sunday, we went to Thursford Steam Museum & Adventure Play Fair. It was lots of fun, racing the go carts really fast around the track! Freddy, Ruby and Dexter had fun at the adventure play park and Dexter went down the huge and very steep slide! After an ice cream, we went on the vintage carousel and gondola rides, where Freddy helped the controller to operate the carousel! Then it was time to head home after a fun couple of days. We loved sharing our weekend with you, Dexter!

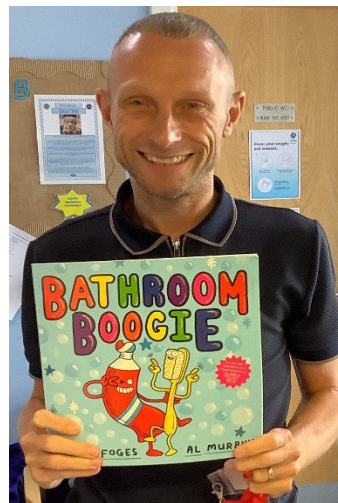


Secret Reader



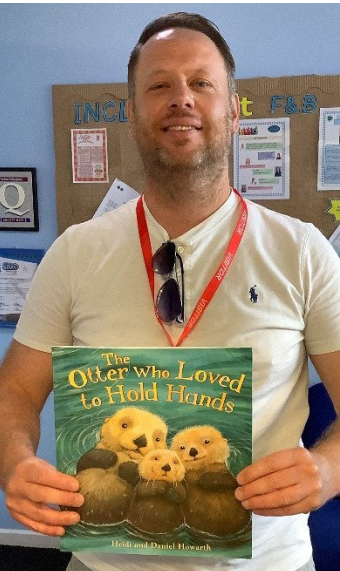
"The children sat beautifully, it was a great experience. Eden was so surprised to see me which was the best part!"

Jade S



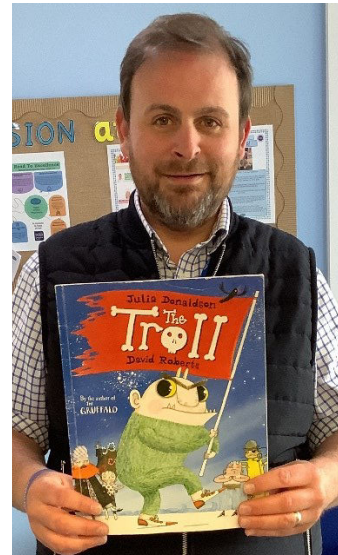
"The children were so good and well behaved and enjoyed the book. Maisie was very surprised and happy to see me. The children even mentioned that I had hair which was a lovely compliment!"

Lee S



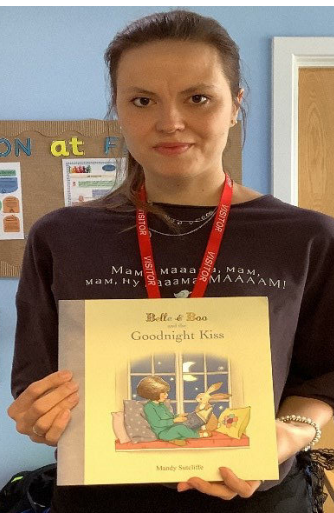
"Great experience, Dolphin class listened really well"

Tom D



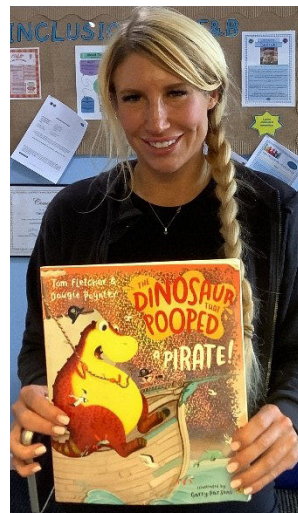
"Well done Starfish Class! You were brilliant and all engaged really well. Looking forward to seeing you again soon!"

Mr Lough



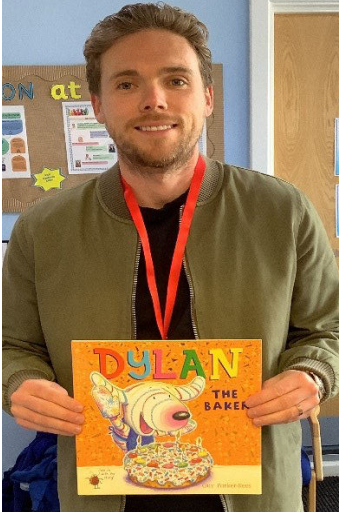
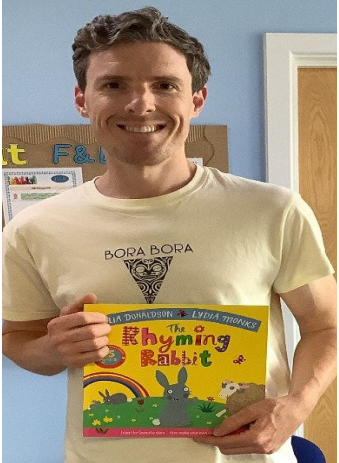
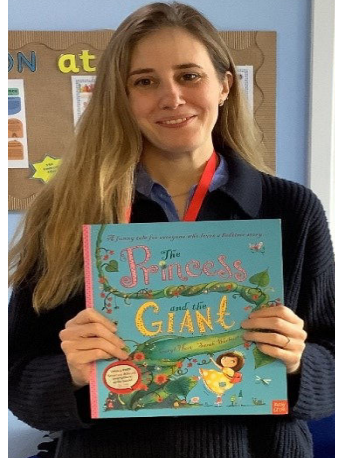
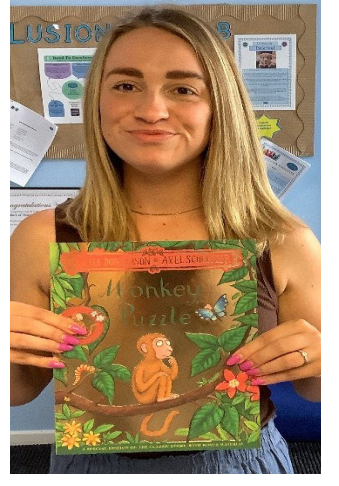
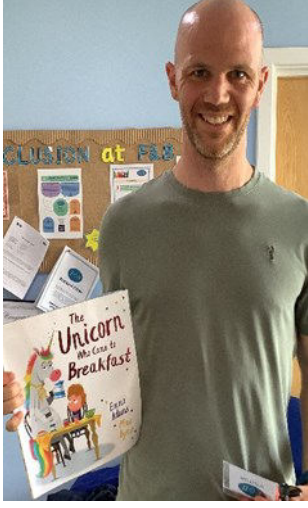
"It's such a lovely idea. I really enjoyed sharing this story with Seal class. They were so nice and excited to know where Boo was hiding"

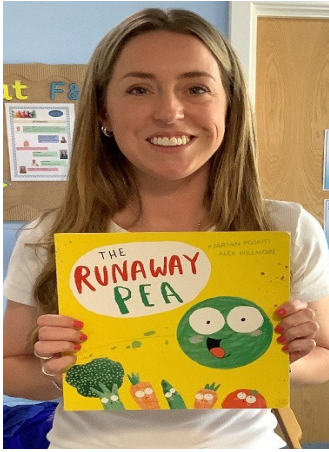
Alena F



"The most amazing experience seeing Harry's little face light up and smile so big. Seeing his class interact and laugh were such special moments, I will treasure forever"

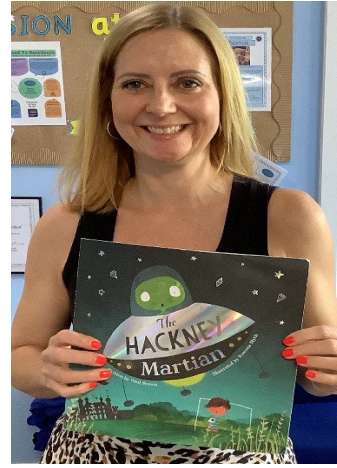
Amy C

	"Always wonderful reading to the class and seeing the surprise on Lyla's face" Tony H		"Thank you for having me Starfish Class" Tom D
	"What a wonderful treat to read to Seahorse class. Everybody sat and listened beautifully" Ben M		"It was a lovely experience. The class listened beautifully." Alice G
	"It was a lovely experience, they sat so wonderfully. They enjoyed the book and Evie was very surprised to see me J" Tina C		"The children listened intensely and I loved seeing all their happy faces" Kerry H
		"Lovely to read to such a nice group of children!" Graham R	



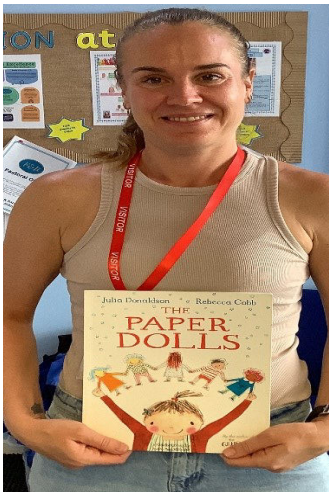
"Thank you for having me Starfish class! What a lovely experience, seeing Harley's face was wonderful"

Sophie M



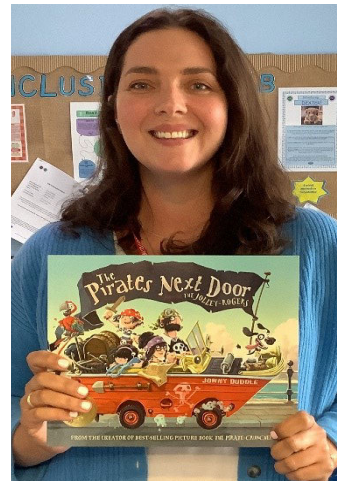
"It was a pleasure to read to Jellyfish class today. They sat and listened very quietly and Olivia was very happy to see Mummy"

Jenny A



"It was really lovely to read to Starfish, they seemed to enjoy it! Ella was very happy to see me J"

Sarah D-P



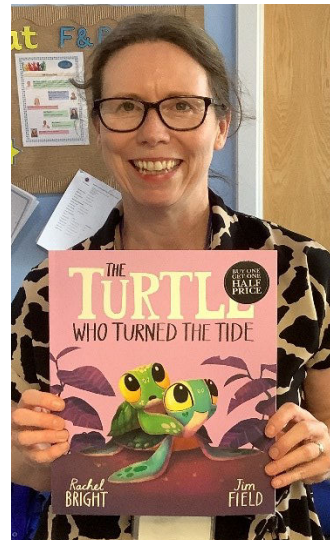
"It's such a treat to read to the class and see how engaged they are in the story. Thank you for your time Jellyfish"

Alice H



"Thank you for having me Starfish class and for listening so beautifully! It's been an absolute pleasure!"

Dawn T



"The children listened beautifully to the story and it was a pleasure to read to them"

Laura M

Computer
Xplorers

Fawbert & Barnard Lego

engineering



Autumn Term

7 sessions



Location:

08:00 – 08:45



Club Price

£84

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AGE 5 – 7

BOOK NOW

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FAWBERT & BARNARD INFANTS

AFTER SCHOOL CLUBS AUTUMN 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15:30-16:30 BLOCK BOOK	FOOTBALL	PERFORMING ARTS	CRICKET	GYMNASTICS	FOOTBALL
16:30-17:30 DAILY BOOK	EXTENDED CLUB LEGO, PLAY-DOH, CIRCLE GAMES, OUTDOOR ADVENTURE, SPORTS, ART & CRAFTS				

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See website for Terms & conditions. Enter by 29/08/26.



SUMMER *Schools* 2026

Junior (age 5 to 8)

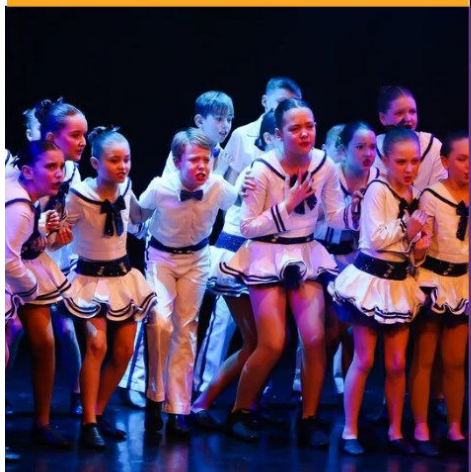
**Monday 27th to
Thursday 30th July**

Senior (age 7 to 16)

**Monday 3rd to
Thursday 6th August**



**Sawbridgeworth
Scout HQ**



**9.30am to
3.30pm**

**£115 early bird*
£130 standard
£110 siblings**

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performance to family
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SAWBRIDGEWORTH CRICKET CLUB



JUNIOR CRICKET



ENROLL YOUR CHILD TODAY!

Are you looking for a fun and engaging sport for your child? Look no further! Our junior cricket training introduces children of all ages and skill levels to the exciting world of cricket. Opportunity to play matches - teams start from U9 upwards.

Training starts:



Friday 17 April

6pm-7pm - Senior Colts (school year 7-11)

5pm - 6pm - Girls (school year 4-11)

Sunday 19 April

10am-11am - Kindergarten (reception and nursery age)

10am-11am - Junior Colts (school year 1-4)

11am-12.30pm - Junior Colts (school year 5-6)



JOIN US FOR A FREE TRIAL SESSION

Email: Membership@sawbridgeworthcc.com to book your free trial

Or sign up at www.sawbridgeworthcc.com

Groups and workshops **coram** family lives

Autumn 2026

Bringing Up Confident ADHD/ASD Children (6 weeks) Online group

**Monday 5th October to 16th November, 7pm to 9pm OR
Friday 6th November to 11th December, 9.30am to 11.30am**

If your child has ADHD/ASD, or you think they might, join our online 6-week group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Less Shouting, More Cooperation (6 weeks) Online group

Tuesday 6th October to 17th November, 9.30am to 11.30am

Do you feel you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Dads Together (6 weeks) Online group

Wednesday 4th November to 9th December, 7pm to 9pm

Are you a dad who feels you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Anxiety around ADHD Online Workshop

Wednesday 21 October 9.30am to 11.30am

Sibling Rivalry Online Workshop

Monday 9 November 9.30am to 11.30am

Reducing Conflict Online Workshop

Wednesday 25 November 7pm to 9pm

It's a Dad's Life Online Workshop

Thursday 26 November 7pm to 9pm

Navigating the Storm (Teens) Online Workshop

Wednesday 2 December 9.30am to 11.30am

All our programmes provide support, information and resources to parents, carers and adult family members in Hertfordshire so they can help their children reach their full potential.

For more info, please contact **Louise** on **0204 522 8700/8701** or email **services@coramfamilylives.org.uk** or scan the QR code for our online form.



We build better family lives together

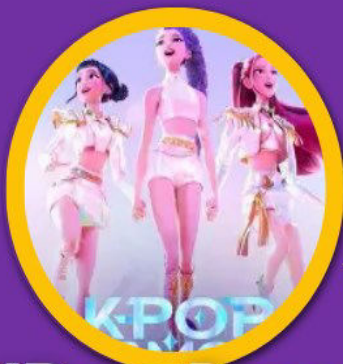
www.coramfamilylives.org.uk  **@coramfamilyliveshertsandbeds**

Funded by
Hertfordshire
County Council



Coram Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722.
Registered address: Coram Family Lives, Coram Campus, 41 Brunswick Square, London, WC1N 1AZ

WEEK 1



KPop Day
Monday 3rd August



Pokémon Day
Tuesday 4th August



Moana Day
Thursday 6th August



Christmas in Summer
Friday 7th August

£25
Per Day

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Reception - Year 6
10:00 - 15:00

youthcreate.co.uk