

F&B NEWSLETTER

Summer Term

Friday 4th September 2026

Dear Parents and Carers,

A very warm welcome back to Fawbert & Barnard Infant School. I hope you have all enjoyed a happy, restful summer and have had the opportunity to spend quality time with family and friends. A special welcome to all of the new children and families joining our school community this year. We are delighted that you are part of the F&B family and look forward to getting to know you over the coming weeks. Whether your child is starting school for the very first time or returning to familiar faces and routines, we are excited to welcome everyone back for another wonderful year of learning, friendship and achievement.

At Fawbert & Barnard, we are committed to providing an exciting, ambitious and unique early education where every child is known, valued and encouraged to be the very best version of themselves. Our values of **Respect, Ambition and Perseverance** continue to guide everything we do, and we are looking forward to another year filled with curiosity, creativity and memorable experiences.

As we begin the new academic year, I would like to share a few important reminders and key pieces of information to help everyone prepare for the weeks ahead.

PE Days

From September, children in **Year 1 and Year 2** should come to school wearing their PE kit on their allocated PE days. This reduces the time spent changing during the school day, maximises learning time and aligns with the approach used by our colleagues at Reedings. Should a PE day need to change due to a trip, special event or another activity, we will always aim to give at least one week's notice. During the colder months, children are welcome to wear plain black jogging bottoms as part of their PE kit.

- **Year 1:** Monday and Wednesday
- **Year 2:** Thursday and Friday

End of Term Finish Times

Please note that on the final day of each term, school will finish at **1:15pm**. The early finish dates are:

- **Friday 18 December 2026**
- **Thursday 25 March 2027**
- **Wednesday 21 July 2027**

Please note that Reedings will finish at **1:30pm** on these days.

Parent Workshops

All workshops can be booked through **Arbor**.

The F&B Way for Reception and Nursery Families— Wednesday 23 September 2026 at 6:30pm. This session will introduce life at Fawbert & Barnard and include information about:

- Our carefully sequenced curriculum, Read Write Inc. (RWI) Phonics.
- Attendance and punctuality, Behaviour and relationships.
- SEND provision.
- Family support available through the school.

Year Group Information Sessions

These sessions provide an overview of your child's year group, including the curriculum, expectations, personal development and how the year is organised. Even if you have had children at F&B previously, we encourage you to attend as our curriculum and approaches continue to develop.

- **Year 1:** Monday 7 September 2026 at 2:30pm (*Book via Arbor*)
- **Year 2:** Tuesday 8 September 2026 at 2:30pm (*Book via Arbor*)

Dates for the Diary

3rd September	Term Starts
7th September	Year 1—What to expect meeting 2.30pm (sign up on Arbor clubs)
8th September	Year 2—What to expect meeting 2.30pm (sign up on Arbor clubs)
16th September	Year 2 Castle Workshop
22nd September	Individual School Photos
23rd September	Flu Vaccinations
9th October	Break The Rules Day (info to follow)
13th October	Parents Evening
15th October	Parents Evening
19th October	Reception End Of Topic 2.45pm
20th October	Year 2 End Of Topic 2.45pm
21st October	Nursery End Of Topic 11am or 2.45pm
22nd October	Year 1 End Of Topic 2.45pm
26th - 30th October	HALF TERM



Dexter the Bear's Amazing Summer Adventures!

Dexter the Bear has had the most amazing summer holiday! He has been on lots of exciting adventures and made some very special memories along the way. One of his biggest adventures was travelling all the way to Ireland with Mr Wells and his husband. Dexter loved exploring the beautiful countryside and even helped them hike up some enormous mountains! He was very brave and didn't let the big hills stop him. What an adventure!

But Dexter's most exciting adventure of all was when he got the chance to visit Oli Murs and Mark Right at Heart Radio!

Dexter was so excited to see how a real radio show worked. He even got to help Oli and Mark run the radio show! He had such a brilliant time talking, laughing and being part of all the fun. Dexter enjoyed it so much that he decided it would be even better if he could share the adventure with some of his favourite grown-ups. So, he asked Mrs Hills and Mrs Edwards to join him! Together, they had an absolutely BEAR-illiant time! Dexter's summer has been full of mountains, travelling, music, laughter and amazing adventures. He can't wait to see where his next adventure will take him!

Well done, Dexter — what an incredible summer!



INFORMATION AND ADVICE ABOUT EMOTIONALLY BASED SCHOOL NON-ATTENDANCE (EBSNA) FOR FAMILIES

EBSNA can affect children and young people of any school age. It can happen as a result of a wide range of different factors – home, wider family, community, school, friendships – often a combination of some or all of these.

WHY COULD MY CHILD BE ANXIOUS?

Anxieties can stem from a number of things such as:

- An unmet special educational need such as autism, ADHD, dyslexia or dyspraxia
- Friendship issues, not 'fitting in', or bullying
- Finding schoolwork confusing and overwhelming
- Separation anxiety
- Trauma
- Bereavement
- Low self-esteem
- The environment itself - especially for those who are autistic and/or neurodivergent



A child might become anxious about school at any stage. It can occur when children start school or transition into secondary school, or it might be related to puberty or hormonal changes. Read more on the [Local Offer website](#).



WHAT ARE THE WARNING SIGNS

- ? Can you spot patterns in your child's absence from school, e.g. certain days/activities?
- ? Does your child regularly say they don't want to go to school, or reluctant/delaying going to school?
- ? Does your child struggle with changes to environment, routine or stimulus?
- ? Are there physical symptoms on school days e.g. tummy aches, feeling sick, headaches?

(NB please always check with a GP to rule out any medical cause or illness).



WHAT TO DO

- 👍 Ask for a meeting with your child's school involving someone who knows your child e.g. class teacher, pastoral lead, SENCo. Be prepared by taking along any notes about the things your child finds difficult.
- 👍 Work together with school to build a child centred plan that understands the underlying problems which are making your child feel anxious about going to school. This could include adjustments to help your child access their education. There are tools which can help such as [Hertfordshire's EBSNA Framework](#).
- 👍 Include your child's voice in any plan as they are more likely to be able to stick to it. Check in after a while and review it with your school to see what is working well and what is not.
- 👍 Do advocate for your child's needs but also understand the limitations as to what your school might be able to do.
- 👍 If the agreed strategies are not working, speak again with your school to identify other services and professionals that might be able to support your child. The [Herts Hub](#) has a wealth of mental health signposting and ideas for early help.



REMEMBER...

- 👁️ With the right plan in place, being in school supports your child's academic progress, social development and mental wellbeing.
- 👁️ Small steps are often big wins.
- 👁️ ...also ensure that you find ways to support your own wellbeing in the process.

STRATEGIES TO TRY AT HOME

- ✓ Develop a plan for the evenings, which can include calming activities before bedtime e.g. gentle music, bath, story or reading.
- ✓ Also plan for the morning, and where possible get things ready for the next day the night before (school bag, lunch box etc).
- ✓ Make a diary which includes your child's worries and also identifies positives and what works well.
- ✓ Respond with empathy whilst encouraging small, manageable steps.
- ✓ Visual timetables at home and school might also help.



Computer
Xplorers

Fawbert & Barnard Lego

engineering



Autumn Term

7 sessions



Location:

08:00 – 08:45



Club Price

£84

LEGO, CODING AND DESIGN

Join us in a fantastic journey into the world of codable lego using Wedo 2.0.

Learn how to use bluetooth and connect tablets to your lego creations. Code using lego block code and build race cars, frogs, space robots and much more!

AGE 5 – 7

BOOK NOW

Call: 01992 271220

hertfordshire@computerexplorers.co.uk



FAWBERT & BARNARD INFANTS AFTER SCHOOL CLUBS AUTUMN 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15:30-16:30 BLOCK BOOK	FOOTBALL	PERFORMING ARTS	CRICKET	GYMNASTICS	FOOTBALL
16:30-17:30 DAILY BOOK	EXTENDED CLUB LEGO, PLAY-DOH, CIRCLE GAMES, OUTDOOR ADVENTURE, SPORTS, ART & CRAFTS				

CLUBS LIMITED TO 20 SPACES. BOOKINGS NOW OPEN VIA OUR WEBSITE

PICK UP TIMES: 4:30PM, 5PM & 5:30PM

EARLY BIRD DISCOUNT ON HOLIDAY CLUBS - LIMITED TIME



aemmerson@premier-education.com | premier-education.com



£5K FOR YOU, £5K FOR YOUR SCHOOL

Summer **Golden** Draw

£10,000 Cash Bonanza

- Tickets cost just £1 a week
- £10,000 cash bonanza must be won!
- Play now to build up your entries!
- £5k for you and £5k for your school!



PLAY NOW:

Go to

www.yourschoollottery.co.uk

Search for: **Readings Fawbert**



GambleAware



See website for Terms & conditions. Enter by 29/08/26.

SAWBRIDGEWORTH CRICKET CLUB



JUNIOR CRICKET



ENROLL YOUR CHILD TODAY!

Are you looking for a fun and engaging sport for your child? Look no further! Our junior cricket training introduces children of all ages and skill levels to the exciting world of cricket. Opportunity to play matches - teams start from U9 upwards.

Training starts:



Friday 17 April

6pm-7pm - Senior Colts (school year 7-11)

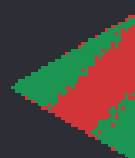
5pm - 6pm - Girls (school year 4-11)

Sunday 19 April

10am-11am - Kindergarten (reception and nursery age)

10am-11am - Junior Colts (school year 1-4)

11am-12.30pm - Junior Colts (school year 5-6)



JOIN US FOR A FREE TRIAL SESSION

Email: Membership@sawbridgeworthcc.com to book your free trial

Or sign up at www.sawbridgeworthcc.com

Groups and workshops **coram**

Autumn 2026

Bringing Up Confident ADHD/ASD Children (6 weeks) Online group

**Monday 5th October to 16th November, 7pm to 9pm OR
Friday 6th November to 11th December, 9.30am to 11.30am**

If your child has ADHD/ASD, or you think they might, join our online 6-week group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Less Shouting, More Cooperation (6 weeks) Online group

Tuesday 6th October to 17th November, 9.30am to 11.30am

Do you feel you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Dads Together (6 weeks) Online group

Wednesday 4th November to 9th December, 7pm to 9pm

Are you a dad who feels you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Anxiety around ADHD Online Workshop

Wednesday 21 October 9.30am to 11.30am

Sibling Rivalry Online Workshop

Monday 9 November 9.30am to 11.30am

Reducing Conflict Online Workshop

Wednesday 25 November 7pm to 9pm

It's a Dad's Life Online Workshop

Thursday 26 November 7pm to 9pm

Navigating the Storm (Teens) Online Workshop

Wednesday 2 December 9.30am to 11.30am

All our programmes provide support, information and resources to parents, carers and adult family members in Hertfordshire so they can help their children reach their full potential.

For more info, please contact **Louise** on **0204 522 8700/8701** or email **services@coramfamilylives.org.uk** or scan the QR code for our online form.



We build better family lives together

www.coramfamilylives.org.uk  **@coramfamilyliveshertsandbeds**

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County Council



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