

F&B NEWSLETTER

Autumn Term

Friday 23rd October 2026

Dear Parents and Carers,

As we reach the end of our first half-term, I would like to thank you for your continued support. It has been a successful and positive start to the school year, and it has been wonderful to see the children learning, growing in confidence and settling into their routines.

Attendance Information

After half-term, you may receive a letter initially identifying a dip in attendance and it will also explain our approach to attendance, including expectations around regular attendance and punctuality, how absences are recorded, and how we work in partnership with families to support children. Our aim is always to work together to ensure every child has the best possible start, recognising that family circumstances can sometimes be challenging.

Christmas Lunch

If you have not already done so, please [click here](#) to complete Google Form (response needed for all children—apart from Nursery who do not attend on a Wednesday lunchtime)

Christmas Performances

We are already looking forward to our Christmas celebrations! This year, Nursery and Reception will perform our Christmas show, Born in a Barn. Year 1 and Year 2 will be putting on a festive concert featuring a wonderful mix of Christmas songs, poems and dances. We look forward to sharing more details with you after the half-term break including how to book your tickets. There will be 2 tickets per family to either use for 1 performance or to split between 2 of the shows. Dates for the performances are:

3 rd December	Early Years (YR & YN) Nativity (tots allowed) 9.30am
4 th December	KS1 (YR1 & 2) Christmas Extravaganza (tots allowed) 9.30am
7 th December	Early Years (YR & YN) Nativity (no tots allowed) 9.30am
8 th December	Early Years (YR & YN) Nativity (no tots allowed) 9.30am
10 th December	KS1 (YR1 & 2) Christmas Extravaganza (no tots allowed) 9.30am
11 th December	KS1 (YR1 & 2) Christmas Extravaganza (no tots allowed) 9.30am

I hope you all enjoy a restful and enjoyable half-term holiday. We look forward to welcoming everyone back refreshed and ready for another exciting half-term.

Thank you, as always, for your continued support of our school.

Warm regards,

Mr Lee Wells

Dates for the Diary

26th - 30th October	HALF TERM
4th November	Little Recyclers
13th November	Children In Need—Non Uniform Day—info to follow
25th November	School Film Night - The Grinch (R-Yr2)
27th November	Occasional Day—School Closed
3 rd December	Early Years (YR & YN) Nativity (tots allowed) 9.30am
4 th December	KS1 (YR1 & 2) Christmas Extravaganza (tots allowed) 9.30am
7 th December	Early Years (YR & YN) Nativity (no tots allowed) 9.30am
8 th December	Early Years (YR & YN) Nativity (no tots allowed) 9.30am
10 th December	KS1 (YR1 & 2) Christmas Extravaganza (no tots allowed) 9.30am
11 th December	KS1 (YR1 & 2) Christmas Extravaganza (no tots allowed) 9.30am
14 th December	Year 2 Choir concert 2.30pm
16th December	Christmas Lunch & Christmas Jumper Day
18th December	End Of Term - School finishes at 1.15pm
21st Dec - 4th Jan	School closed - Christmas Holiday

Dexter

Eve was absolutely delighted and so proud to bring Dexter home this weekend! They have been inseparable.

On Friday, Eve took Dexter for a quick trip to the park on the way home from school before settling down to read some stories and watching a film together.

On Saturday, Eve and her little brother Matthew took Dexter pumpkin picking. Dexter met some spooky witches and was very brave! They picked a lovely pumpkin and then enjoyed a delicious ice cream.

In the afternoon, Eve's cousin Elodie came to visit and they had fun playing with walkie-talkies.

Later, Eve and Dexter scooted to Nana and Grandad's house for dinner, they spotted some beautiful autumn leaves along the way.

On Sunday, Eve and Dexter were up bright and early again. They didn't let the rain stop them and headed to the park to do some climbing. Eve then took Dexter to the craft shop to paint a present for Daddy's birthday. They did a great job and luckily managed to stay clean! They then headed home for a relaxing afternoon.

Thank you for visiting us Dexter. We've had so much fun together!





The Friends of
Fawbert and Barnard

PRESENTS
F&B

Christmas Film Night: The Grinch (2018) (U)

(As Voted for by the School Council)

Wednesday 25th November 2026

Reception, Yr.1 & Yr.2 only

Straight from school until 5:10pm

(Children booked into JAM will be taken to JAM at 5.10pm)

£5 per child. Ticket includes a snack.

(a packet of original Pom Bears & funsize pack of Haribo Starmix)

Tickets to be purchased on Arbor School Shop.

Sales close 2pm on 18th November

Parentkind
Member Association

FILM NIGHT



SCHOOL FUNDRAISING

More clothes -
more funds for
your organisation.
1 kg = £0.45

YOUR COLLECTION IS
ARRANGED ON:

4 NOVEMBER
WEDNESDAY

FILL ANY BAGS WITH CLOTHING AND
BRING THEM TO SCHOOL/ORGANISATION
WE WILL COLLECT AND WEIGH THEM

WE ACCEPT

- Good quality clean clothing (adult's, children's, baby)
- Shoes (paired)
- Bags
- Hats & scarves
- Belts
- Fashion accessories
- Swimwear, lingerie
- Jewellery
- Perfumes

WE DON'T ACCEPT

- Uniforms
- Dirty, wet, ripped, damaged clothing
- Traditional clothing
- Duvets & pillows
- Single shoes
- Toys, stationery
- Bric-a-brac & electrical items
- Books, CDs, DVDs
- Workwear
- Carpets, rugs, mats, curtains
- Hygiene items, diapers
- Linen & towels

PLEASE NO UNIFORMS & DUVETS!

RAISE MONEY FOR YOUR SCHOOL BY GIVING
AWAY YOUR UNWANTED CLOTHES

Enter our **Super Draw**

**Win an iPhone 18 Pro
Max 512GB!**

OR CASH ALTERNATIVE



**YOUR
SCHOOL
LOTTERY**

- Tickets cost just £1 a week
- Chances to win up to £25,000
- Play weekly, or just play the Super Draw!
- Celebrate autumn with this flagship prize!



PLAY NOW:

Go to

www.yourschoollottery.co.uk

Search for: **Reedings Fawbert**



Gamble **Aware**

See website for Terms & conditions. Enter by 31/10/26.



OCTOBER HALF-TERM

JAMES COLLINS FOOTBALL CAMP

WEST HAM · ASTON VILLA · WALES

MON 26 · TUE 27 · WED 28 OCTOBER

9AM - 3PM · AGES 4-13 · ALL ABILITIES

LEVENTHORPE SCHOOL

Floodlit, enclosed, all-weather astro
Sawbridgeworth, Herts CM21 9BY



THREE DAYS. ONE SQUAD. ONE CUP.

DAY 1 · MON 26

01

PROFILE & POSITION

Position testing, position-specific training and small-sided games - then the squad draft.

DAY 2 · TUE 27

02

SHARPEN THE SKILLS

Dribbling, passing, finishing and defending, plus the Skills Challenge for squad points.

DAY 3 · WED 28

03

THE CAMPIONI CUP

Group stage, cup finals and awards. Parents invited from 2.15pm for presentations.

Individual days can be booked - but the full three days is where the magic happens.

£45 PER DAY

ALL 3 DAYS £42.50 PER DAY

discount applied automatically



UEFA-QUALIFIED COACHES · FULLY INSURED · DBS CHECKED



MY BACK-UP CARE VOUCHERS ACCEPTED

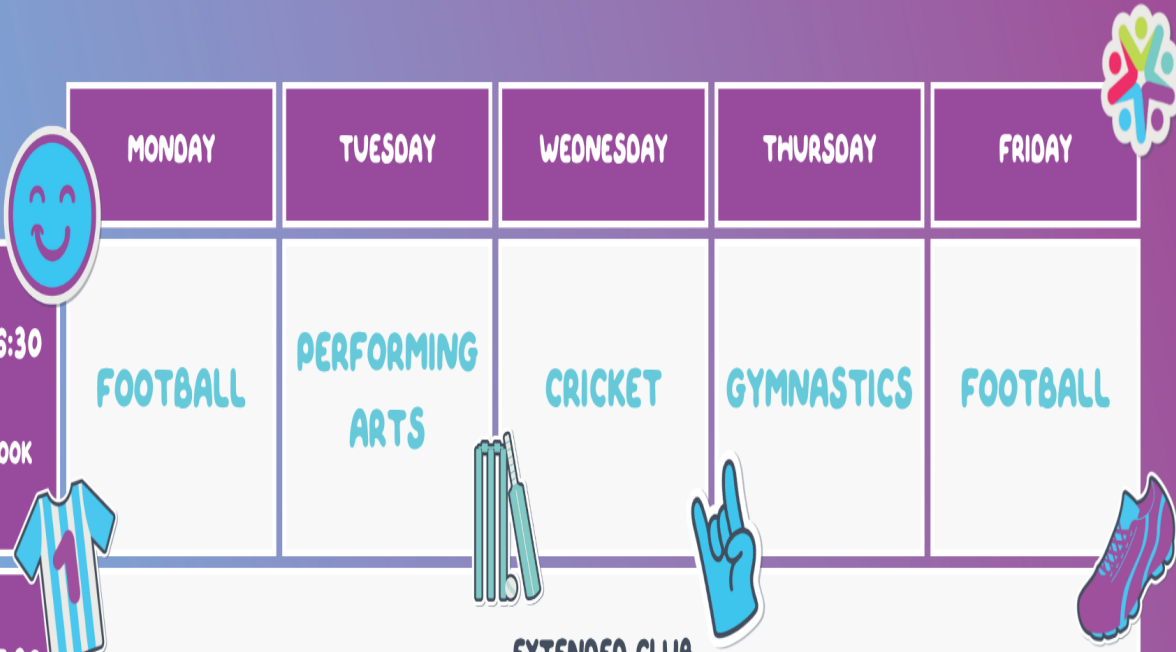
BOOK NOW · CAMPIONI.CO.UK

TRUSTED BY PARENTS · LOVED BY KIDS



FAWBERT & BARNARD INFANTS

AFTER SCHOOL CLUBS AUTUMN 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15:30-16:30 BLOCK BOOK	FOOTBALL	PERFORMING ARTS	CRICKET	GYMNASTICS	FOOTBALL
16:30-17:30 DAILY BOOK	EXTENDED CLUB LEGO, PLAY-DOH, CIRCLE GAMES, OUTDOOR ADVENTURE, SPORTS, ART & CRAFTS				

CLUBS LIMITED TO 20 SPACES. BOOKINGS NOW OPEN VIA OUR WEBSITE

PICK UP TIMES: 4:30PM, 5PM & 5:30PM

EARLY BIRD DISCOUNT ON HOLIDAY CLUBS - LIMITED TIME



 aemmerson@premier-education.com |  premier-education.com

INFORMATION AND ADVICE ABOUT EMOTIONALLY BASED SCHOOL NON-ATTENDANCE (EBSNA) FOR FAMILIES

EBSNA can affect children and young people of any school age. It can happen as a result of a wide range of different factors – home, wider family, community, school, friendships – often a combination of some or all of these.

WHY COULD MY CHILD BE ANXIOUS?

Anxieties can stem from a number of things such as:

- An unmet special educational need such as autism, ADHD, dyslexia or dyspraxia
- Friendship issues, not 'fitting in', or bullying
- Finding schoolwork confusing and overwhelming
- Separation anxiety
- Trauma
- Bereavement
- Low self-esteem
- The environment itself - especially for those who are autistic and/or neurodivergent



A child might become anxious about school at any stage. It can occur when children start school or transition into secondary school, or it might be related to puberty or hormonal changes. Read more on the [Local Offer website](#).



WHAT ARE THE WARNING SIGNS

- ? Can you spot patterns in your child's absence from school, e.g. certain days/activities?
- ? Does your child regularly say they don't want to go to school, or reluctant/delaying going to school?
- ? Does your child struggle with changes to environment, routine or stimulus?
- ? Are there physical symptoms on school days e.g. tummy aches, feeling sick, headaches?

(NB please always check with a GP to rule out any medical cause or illness).



WHAT TO DO

- 👍 Ask for a meeting with your child's school involving someone who knows your child e.g. class teacher, pastoral lead, SENCo. Be prepared by taking along any notes about the things your child finds difficult.
- 👍 Work together with school to build a child centred plan that understands the underlying problems which are making your child feel anxious about going to school. This could include adjustments to help your child access their education. There are tools which can help such as [Hertfordshire's EBSNA Framework](#).
- 👍 Include your child's voice in any plan as they are more likely to be able to stick to it. Check in after a while and review it with your school to see what is working well and what is not.
- 👍 Do advocate for your child's needs but also understand the limitations as to what your school might be able to do.
- 👍 If the agreed strategies are not working, speak again with your school to identify other services and professionals that might be able to support your child. The [Herts Hub](#) has a wealth of mental health signposting and ideas for early help.



REMEMBER...

- 👁️ With the right plan in place, being in school supports your child's academic progress, social development and mental wellbeing.
- 👁️ Small steps are often big wins.
- 👁️ ...also ensure that you find ways to support your own wellbeing in the process.

STRATEGIES TO TRY AT HOME

- ✓ Develop a plan for the evenings, which can include calming activities before bedtime e.g. gentle music, bath, story or reading.
- ✓ Also plan for the morning, and where possible get things ready for the next day the night before (school bag, lunch box etc).
- ✓ Make a diary which includes your child's worries and also identifies positives and what works well.
- ✓ Respond with empathy whilst encouraging small, manageable steps.
- ✓ Visual timetables at home and school might also help.





Fruits & Seeds Hunt at Pishiobury Park

Date: Tuesday 27th October

Time: Self-guided trail between 10.00am – 12.00pm

Meet: Picnic area next to main car park

Autumn is the time for Fruits and Seeds on the Park. Find your way on a trail using a map of the Park to places where you can find some fruits and seeds to collect. Bring them back and see who can be the first to identify them and get a small prize.

www.friendsofpishioburypark.co.uk



Parent / Carer Motor Development Information Sessions

Places are now available to book our Autumn Term 2026

Information sessions for parents and carers

Supporting your child's motor skills development

When do children develop particular motor skills, such as riding a bicycle or using a pen? How can you help your child to develop these skills? What can you do if your child is struggling with a skill?

This session is for parents or carers of children aged between 4-8 years old who would like to understand more about their child's motor development and how to support this. The session will share information about the typical ages when children develop different motor skills. It will explain how to breakdown an activity such as pulling on a jumper into simple steps to help your child complete this independently. You will also get advice on activities and simple things you can do at home to support your child's motor development.

BOOK YOUR PLACE:

Thursday 24th September at 1.30pm

<https://www.eventbrite.co.uk/e/1997693378672?aff=oddttdtcreator>

Monday 19th October 10.00am

<https://www.eventbrite.co.uk/e/1994779834182?aff=oddttdtcreator>

Wednesday 25th November 11.00am

<https://www.eventbrite.co.uk/e/1994792949410?aff=oddttdtcreator>

We are also offering parent information sessions on understanding sensory preferences and supporting self-regulation. To find out dates of these and other training opportunities please visit our CYP Therapies – Occupational Therapy Service webpage

<https://www.hct.nhs.uk/our-services/childrens-occupational-therapy/>

Children & Young People's Therapies Service

Contact us

Email:

Telephone:

hct.cyptherapies1@nhs.net

Twitter: @CypHCT

01923 470680 Opt.



Groups and workshops **coram**

Autumn 2026

Bringing Up Confident ADHD/ASD Children (6 weeks) Online group

**Monday 5th October to 16th November, 7pm to 9pm OR
Friday 6th November to 11th December, 9.30am to 11.30am**

If your child has ADHD/ASD, or you think they might, join our online 6-week group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Less Shouting, More Cooperation (6 weeks) Online group

Tuesday 6th October to 17th November, 9.30am to 11.30am

Do you feel you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Dads Together (6 weeks) Online group

Wednesday 4th November to 9th December, 7pm to 9pm

Are you a dad who feels you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Anxiety around ADHD Online Workshop

Wednesday 21 October 9.30am to 11.30am

Sibling Rivalry Online Workshop

Monday 9 November 9.30am to 11.30am

Reducing Conflict Online Workshop

Wednesday 25 November 7pm to 9pm

It's a Dad's Life Online Workshop

Thursday 26 November 7pm to 9pm

Navigating the Storm (Teens) Online Workshop

Wednesday 2 December 9.30am to 11.30am

All our programmes provide support, information and resources to parents, carers and adult family members in Hertfordshire so they can help their children reach their full potential.

For more info, please contact **Louise** on **0204 522 8700/8701** or email **services@coramfamilylives.org.uk** or scan the QR code for our online form.



We build better family lives together

www.coramfamilylives.org.uk  **@coramfamilyliveshertsandbeds**

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County Council



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