

F&B NEWSLETTER

Spring Term: Monday 15th May 2023

This week is 2 of the dinner menu

Dear Parents and Carers,

For the last 23 years, F&B pupils and staff have been supported, taught and cared for by Mrs Lynn Tyler. From the 9th of June 2023, Mrs Tyler will be starting her very well earned retirement. Over the last 23 years she has worked with no fewer than 630 pupils directly - which is an amazing and admirable feat! The support, dedication and impact she has provided for these young people, and the staff she has worked alongside is irreplaceable.

I know that you will all join me in wishing her the very best in her retirement.

Testimonials: Mr Wells is looking to gather parent testimonials on your experiences at F&B. If you wish to share your experience please [click here](#): it only needs to be a few sentences. Thank you

Do you know anyone who would like a space at F&B? Due to families relocating, we will have a few spaces from September 2023 in Year 1 (current Reception). Any prospective parents will need to apply using this link - [click here](#)

Parent Workshops:

- **History Workshop** with Miss King, recording only (available in due course)
- **Virtual Inclusion** workshop with Mrs A Jones: Monday 15th May 19:15 to 19:45. Focusing on **Trauma and Attachment**. Please sign up via Arbor and link will be sent out.
- **Maths workshop** : **In person** and practical workshop with Mrs Brennan on Tuesday 20th June at 17:00. You will be able to find out how maths is taught within our school including the different approaches. You will also have the opportunity to explore a range of maths resources that we use across the school. **Please book on via Arbor**
- **Art and Design workshop** : **In person** and practical workshop with Miss Ancient on Monday 26th June at 17:00. Find out how art and being creative helps your child with their learning. You will have the opportunity to take part in and discover some activities and skills you could try with your children at home. **Please book on via Arbor**
- **Music workshop** : **In person** and practical workshop with Mrs Atukorala on Wednesday 5th July at 17:00. You will explore Charanga and how we play instruments including improvising and composing. You will see a summary of how other music elements are experienced in school like singing, performances and what it may look like in EYFS. **Please book on via Arbor**
- **Design and Technology workshop**: **In person** and practical workshop with Miss Ancient on Tuesday 11th July at 17:00. Find out how DT is different to art and how designing and making helps your child with their learning. You will have the opportunity to take part in and discover some activities and skills you could try with your children at home. **Please book on via Arbor**

Last week's staff training session was provided by Sarah Evans, our Chair of Governors, and a trained Menopause Champion and owner of Fuerte Consulting. Sarah has previously worked with staff to devise a workplace Menopause Policy and came in to talk further about what the menopause is and the symptoms and how to manage them. Additionally, she outlined that it is important that everyone knows about menopause so that support can be offered to colleagues, friends and loved ones who may be struggling with symptoms.

The session saw a lot of discussion on the topic amongst all staff who attended, not just those who might be personally affected, and everyone was able to learn something new on the topic.

If you would be interested in learning more about Sarah's work and either her sessions for workplaces or groups of individuals, the QR code will lead you to her business Facebook page or you can find her on LinkedIn as **@sarahevansfuerte**.



Montessori: This week's skill is from Literacy. The pink captions teach children to read a string of words with fluency and comprehension. It also allows children to practice writing captions with finger spaces.



a red van

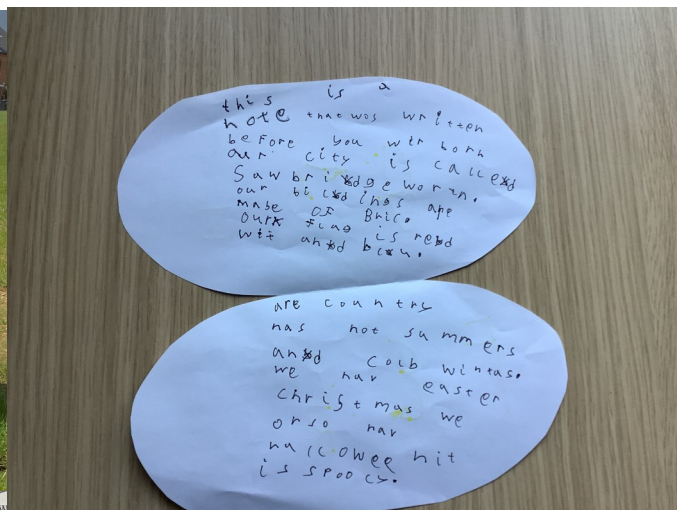
Mr L Wells, Headteacher

Time Capsule

Last week the School Council had the amazing opportunity to attend an exciting local trip.

David Wilson Homes are gifting our Fawbert and Barnard with a bug hotel for our conservation area. They have also invited us to their site at Sawbridge Park (West road) to present us with the gift and to bury some items in a time capsule that represent the 'now'.

The classes have come up with some ideas of the items they would like to include (e.g. a reading book, a photo etc.) which we will be taking from school. These items will be then dug up in **50 years time!**



Secret Reader These were our Secret Readers from last week:

"Maple Class - they were so lovely, it was a pleasure to read to them all. Neve was super excited!"

Sarah D-P



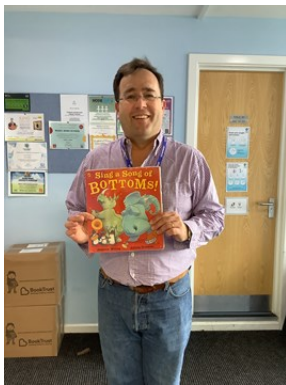
"Five Minutes Peace—The class were lovely and laughed and asked questions so I was really pleased! (And relieved!)"

Lisa



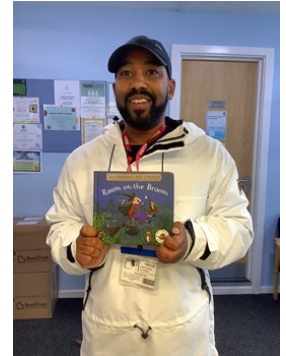
"So lovely to come and read with Saplings, particularly with a books many knew and joined in with. I look forward to being able to read again with you all"

James C



"Magnolia Class - It was lovely to see the surprise on my little one's face"

Chris H



"Willow Class—Will he ever be part of a perfect pair? Simon Sock. It was lovely to read to Willow Class. They were all really excited about the book and listened really well. I've never seen Thomas blush as he did when he realised it was me!"

Barbara D



Staff book recommendations

Each week, to spread the love of reading, a different member of staff will share what their favourite picture book is and why. Miss Abbott is up this week, please see below. We have a copy of the book she mentions, if anyone would like to borrow it to read at home.



One of my favourite children's books is **Whoops! But it wasn't me**. I loved all of the Charlie and Lola books when I was little. The pictures are really lovely with a mixture of drawing and photos and the stories are relatable to a lot of families (certainly mine growing up as I was a lot like Lola and my older brother was like Charlie)!

Miss Abbott

Class Teacher, Sapling class

Congratulations!



F&B
CONGRATULATIONS!

Ava Scripps, Age 5
I feel better when I play with water
Hazel Class



F&B
CONGRATULATIONS!

Erica Osmond, Age 4
I feel better when I give
my friends a cuddle
Apple Class

rethinkyourmind.co.uk



F&B
CONGRATULATIONS!

Wyatt Vorster, Age 4
I feel better when I smile at people
Apple Class



F&B
CONGRATULATIONS!

Penny Gooderham, Age 4
Bunny
Sapling Class

rethinkyourmind.co.uk
Creatively expressing wellbeing

9a

Hello,

A few months ago, through our newsletter we asked pupils to share a picture which illustrates the phrase "I feel better when..."

We continually work hard to celebrate pupils achievements and what is special to them. We take our role and responsibility to aid our pupils development regarding mental health, mental wealth and the age appropriate strategies required.

Out of all of the entries from our and other local schools the following pupils have been chosen to be added in to the book which is published.

All winning entrants can be found [here](#):

We are waiting to find out more information about a celebration event and opportunities to purchase the book.

Many thanks

The F&B Wellbeing Team

Mrs Brooker, Mrs Jones and Mrs Potma.



F&B
CONGRATULATIONS!

Millie Start, Age 6
I feel better when I go to sleep
Willow Class

rethinkyourmind.co.uk
Creatively expressing wellbeing

19a



rethinkyourmind.co.uk

Creatively expressing wellbeing

F&B CONGRATULATIONS!

Imogen Salmon, Age 5
Play with my Dog
Maple Class

10a



rethinkyourmind.co.uk

Creatively expressing wellbeing

F&B CONGRATULATIONS!

Summer Morgan, Age 5
I feel better when I play
football with my daddy
Oak Class

13a



rethinkyourmind.co.uk

Creatively expressing wellbeing

F&B CONGRATULATIONS!

Tudor Stan, Age 5
I feel better when I go to the park
with my family
Oak Class

14a

I feel better when



F&B CONGRATULATIONS!

Maximus Frost, Age 5
I feel better when I draw
Oak Class

15a



F&B CONGRATULATIONS!

Ben Urry, Age 6
I feel better when I snuggle with my
single Peekachoo I love it so much
Willow Class

International School Award British Council

This coming week each class will have a parent read a story either from another country or read a story in a different language.

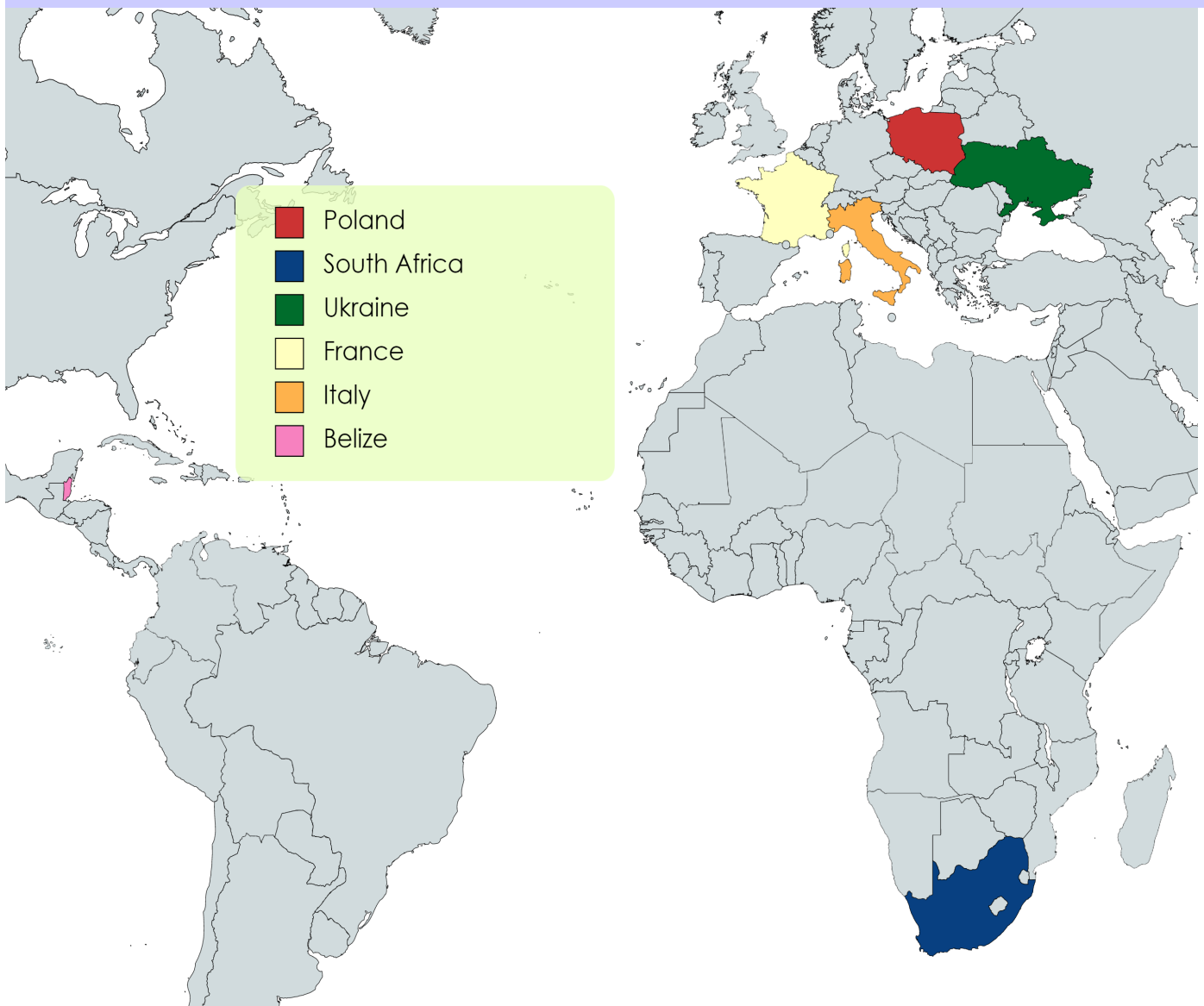
This is an opportunity to celebrate the world we live in and the rich languages and cultures within our school.

Please note this is separate from Secret reader and Mrs King has ensured the days do not clash.

If this becomes a success we will repeat it again so if you missed out this time you will hopefully get the opportunity.

The stories or Languages being read:

- French
- Afrikaans
- Ukrainian Fairy Tale
- Polish
- The Very Hungry Caterpillar in Italian
- Belize



Term Dates 2022/2023

[Please click the link here: to find this years academic dates](#)

Additional Bank Holiday 8th May 2023—Coronation of King Charles III



Fawbert and Barnard Infants School Academic Year 2022-2023

September 2022							October 2022							November 2022							December 2022						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
			1	2	3	4						1	2		1	2	3	4	5	6				1	2	3	4
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							31																				
January 2023							February 2023							March 2023							April 2023						
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16	17	18	19	20	21	22	20	21	22	23	24	25	26	20	21	22	23	24	25	26	17	18	19	20	21	22	23
23	24	25	26	27	28	29	27	28						27	28	29	30	31			24	25	26	27	28	29	30
May 2023							June 2023							July 2023							August 2023						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
1	2	3	4	5	6	7				1	2	3	4						1	2		1	2	3	4	5	6
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15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20
22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27
29	30	31					26	27	28	29	30			24	25	26	27	28	29	30	28	29	30	31			
														31													

School days	School holidays	INSET Day/Occasional day	Bank Holiday	Weekend
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In addition, schools allocate five non-pupil days out of the school days indicated, or the equivalent in disaggregated twilight sessions.

Autumn Term:	Monday 5 th September 2022 – Wednesday 21 st December 2022 Monday 19 th September- Bank Holiday for the State Funeral of HM Queen Elizabeth II Half Term 24 th October – 28 th October
Spring Term:	Friday 6 th January 2023 – Friday 31 st March 2023 Half Term 13 th February – 17 th February
Summer Term:	Tuesday 18 th April 2023 – Friday 21 st July 2023 Half Term 29 th – 2 nd June



**NATIONAL
WALKING
MONTH**

#TRY20

CHECK LIST

TIP 1

**INVITE FRIENDS
AND FAMILY
FOR A WALK**



TIP 2

**A WALKING
MEETING**



TIP 3

**LET NATURE
GUIDE YOU**



TIP 4

**WALK TO AND
FROM WORK**



TIP 5

**GET
SNAPPY**



TIP 6

**TRANSFORM
YOUR STREET**



TIP 7

**WALK TO
THE SHOPS**



TIP 8

**SCAVENGER
HUNT**



TIP 9

**HAVE AN
ADVENTURE**



TIP 10

**LET THE
KIDS LEAD
THE WAY**



TIP 11

**GET
CREATIVE**



TIP 12

**TREAT
YOURSELF**



TIP 13

**GET
PICKING**



TIP 14

**EVENING
STROLL**



TIP 15

**A MINDFUL
MEANDER**



TIP 16

**RATE
YOUR
WALK**



TIP 17

**PREPARE
FOR THE
WEATHER**



TIP 18

REACH OUT



TIP 19

**POWER WALK
TO THE FINISH**



TIP 20

**SHARE YOUR
HIGHLIGHTS**





JAM HOLIDAY CLUB

JOIN US AT F&B SAWBRIDGEWORTH THIS
HALF TERM FOR OUR CARNIVAL THEMED
HOLIDAY CLUB



TEST OUT YOUR CIRCUS SKILLS
CREATE YOUR OWN UNIQUE POPCORN FLAVOURS
TRY YOUR HAND AT MAKING A BALLOON ANIMAL
ICE CREAM
FACE PAINTING
GAMES & PRIZES
TALENT SHOW
ARTS & CRAFTS
TEAM GAMES



TUESDAY 30TH MAY, WEDNESDAY
31ST MAY & THURSDAY 1ST JUNE

Dates for Next Term

January 2023	
Spring Term 1	
23/02/2022	PTA: Bags2School—drop-off.
28/02/2023	PTA: Silver Bottle Challenge Ends
28/02/2023	Ducklings Arrive in Nursery
07/03/2023	Science Workshop—Whole school!
09/03/2023	PTA: Dress Down for Jazzy Jars
10/03/2023	Nursery Application Closes
13/03/2023	Rock Steady Concert
20/03/2023	Nursery Allocation Day
20/03/2023	Parent workshop: Inclusion
21/03/2023	Parents Evening—more details to follow—book via Arbor
23/03/2023	Parents Evening—more details to follow—book via Arbor
23/03/2023	Year N End of Topic
24/03/2023	PTA: Uniform Sale
27/03/2023	PTA: Break the Rules Day
27/03/2023	Year R End of Topic
28/03/2023	Year 2 End of Topic
30/03/2023	Year 1 End of Topic
EASTER BREAK from 03/04/2023 to 14/04/2023	
INSET DAY: 17/04/2023	
18/04/2023	YEAR 2 SATs parent workshop being led by Mr Wells at the school at 09:00 and at 17:00. A recording will be uploaded and shared
02/05/2023	EYFS: Bug Visit
04/05/2023	Parent Workshop: Relationship and Sex Education for Parents being led by Mrs Potma
01/05/2023	BANK HOLIDAY SCHOOL CLOSED
08/05/2023	BANK HOLIDAY SCHOOL CLOSED—King's Coronation
09/05/2023	Parent Workshop: Being Historians being hosted by Miss King
15/05/2023	Inclusion Workshop 5: Trauma and Attachment virtual via Teams at 19:15 - 19:45pm.
15/05/2023	Year 2 Super Star Breakfast arrival at 08:15am
16/05/2023	Year 2 Super Star Breakfast arrival at 08:15am
17/05/2023	Year 2 Super Star Breakfast arrival at 08:15am
18/05/2023	Year 2 Super Star Breakfast arrival at 08:15am
22/05/2023	Walk to School Week
22/05/2023	Year R End of Topic
24/05/2023	Year N End of Topic
25/05/2023	Year 1 End of Topic
25/05/2023	Year 2 End of Topic
26/05/2023	INSET DAY: SCHOOL CLOSED
26/05 to 02/06 May Half Term: School Closed	



WHITSUN
HALF-TERM

PREMIER HOLIDAY CAMPS



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INSPIRING
ACTIVITY



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MORE INFORMATION**

or visit premier-education.com/holiday-camps



Trustpilot



Based on over 15,000 reviews

YOUR NEAREST MULTI-ACTIVITY CAMP

Venue: Fawbert & Barnard Infants School, CM21 9AX

Dates: 31st May - 2nd June 2023

Times: 9am - 3:30pm

Price: £24.99 (Use code 'EARLYSUMMER10' for 10% OFF bookings!)

Ages: 5-12 (4 year olds welcome from 9am - 1pm)

Additional info: Discount expires 30th April 2023. Contact: aemmerson@premier-education.com

Mix it up this half-term with our multi-activity holiday camps!

These camps are a perfect blend of activities for all ages, combining different sports with a variety of team games.

Every day is different, with a mix of fun activities that children may not have tried before – from archery to fencing, dodgeball to cricket.

Book now for a half-term full of fun!

PLEASE BRING

A packed lunch
Plenty of water
Suitable clothing
Loads of energy!



**TREAT YOUR FRIENDS
TO 20% OFF...AND GET
20% OFF TOO!**

*Ts&Cs apply. Refer a Friend discount on new bookings only.



Based on over 15,000 reviews