



# F&B NEWSLETTER

Autumn Term: 19th September 2023

This week is **3** of the dinner menu

Dear Parents/Carers,

As many of you know we offer many parent workshops sessions in person and online to help share how our school supports your children academically and beyond. We are launching this year, like every year with the F&B way session:

**Parent workshop: The F&B way hosted by Mr Wells - find out more about how the school is run, what happens in the classrooms, the curriculum and the direction the school is going, open and recommended to all. Please book on via Arbor.**

We will be launching Secret Reader at the end of the month. You will receive the information from Mrs Brooker shortly. Please ensure you sign up quick as dates go very quickly.

A brief review: It is an opportunity to come into the class and read a story to them, sharing and modelling a passion for reading and stories. This can be in English or any language you choose!

Remember that it can be any significant person in the child's life. Parents, Grandparents, Uncles, neighbours: anyone who means something special. If you do not get a slot this term, please continue to look out for the following terms release dates.

## Air Tags

Can I please ask that pupils do not bring air tags to school, be this knowingly or unknowingly. Air tags have purpose and are useful in many ways but within any school situation or environments: such as the classroom, bags, local walks or trips it is not needed. Air tags can unknowingly connect to other phones and track their movements without the owners knowledge.

Thank you for your understanding and co-operation.

## Car Engines Running

Can I please ask that when parents are sitting in the roads around the school waiting for the school gates to open at anytime that cars engines are not running idly. This is to support the local air quality, local environments and ecology. We are a Platinum Travel Award school and work hard to educate pupils on the impact of pollution, therefore we ask you to support us and model the best practises.

Thank you for your understanding and co-operation.

## Travel Challenge Week 25th Sept

The theme remains the same as in past years and encourages parent and children to walk, scooter, cycle to school or park and stride:

- Eco Monday – wear something green
- Trainer Tuesday – wear your trainers to school
- Wacky Wednesday – wear something wacky and bizarre!
- Fun Hat Thursday – can be silly or sensible 😊
- Funky Footwear Friday – Jazz up your footwear

Pupils will receive a passport where the teacher can stamp it as the week progress. Please see a letter explaining more on the next page.

Dear Parents and Carers

The Sawbo Travel Challenge is back

We are very pleased to announce that the Sawbo Travel Challenge is returning this autumn, with local primary schools around Sawbridgeworth taking part in a week-long initiative to promote sustainable journeys to school.

Now in its sixth year, this national award-winning scheme will run from Monday 25th to Friday 29th September ending with the Town Walk on Saturday 30 September from 11am to 2pm at Bell Street Car Park organised by Sawbridgeworth Town Council.

Sunny the Sawbosaurus will be joining in all the fun at the Town Walk, and Sunny will be joining schools during the week to promote walking, cycling, scooting and 'parking and striding' (parking at least five minutes' walk away) to school.

Each day will have a different theme – Eco Monday (wear something green), Trainer Tuesday, Wacky Wednesday, Fun Hat Thursday and Funky Footwear Friday – just add something quick and easy to school uniforms. Special passports will be issued to each pupil, which will be stamped each day they travel to school sustainably.

Representatives from all schools will be presented with participation certificates and a voucher for their schools to spend on a sustainable project at the Town Council chambers in the autumn term by the Mayor.

Bring the whole family to the Town Walk on Saturday 30th September to discover footpaths and twitchells around Sawbridgeworth, visiting community group stops along the way. Pupils should bring their passports for their final stamp and to collect their 'Sticker Challenge Map'. There will be a map showing the stations, and you can take any route you like, remembering to cross at the crossings and traffic lights. It will also be a great opportunity to support your school PTAs and local organisations, which will have stalls in Bell Street Car Park.

Every little bit makes a difference. For one week you and your school can make a positive impact on the environment by reducing pollution, being 'greener' and even getting healthier.

Many thanks



Together we're going to turn one child's vision of electric travel into a wrap on a REAL MINI Electric! [click here](#)

Up to the age of 7, kids are their most confident, unrestricted selves. We've teamed up with Crayola to encourage them to take that attitude into 8 and beyond.

Do you know a future MINI designer aged 4-10? We want to see their visions of the future on our blank canvas. The winner will not only win their design on a wrapped MINI, but they'll also receive a private tour of MINI Plant Oxford, where they can witness the magic of hundreds of MINIs being built right before their eyes. Pens, pencils, brushes & of course, crayons at the ready!

[Click the link](#) for T&Cs and to submit your child's design.

Please note: All entrant's artwork and their child's first name may be used for promotional purposes. It is also a condition of accepting the prize that the winner takes part in a photoshoot with the wrapped MINI Electric.

## Celebrations!



Wow! How exciting!

Here is Rose, from Panda Class, collecting her prize from the Mayor at the town council offices last week for designing an incredible poster!

Here is Rose with her £15 book token prize sitting in the big mayor chair! She was very excited and pleased.

Congratulations!

## Governors

Nomination forms for Parent Governors are being sent to all parents/carers and the closing date for nominations is 19th September with ballots sent out for election the next day and closing 22nd September in time for our first meeting in October 2023.

We are still awaiting an inspection from OFSTED and have guidance which indicates that the visit will occur this academic year. Governors will be an integral part of that inspection and consequently anyone wishing to stand for this role will need to commit to around 20 hours per term and be able to undertake visits to the school on a half-termly basis. This is to enable us to be fully prepared for the inspection as any new governor will be assigned a role relating to a curriculum area. We are also looking for someone able to commit to joining our Resources committee, which will involve additional meetings.

We currently have an experienced candidate already in place. Should anyone still be interested in standing for the role, or might have an interest in standing for any future roles, then please speak to Mr Wells, as the Governing Body would welcome associate members at this time.

### **What do governors do?**

- help the school or college with its strategy
- hold the headteacher to account for a school or college's performance
- make sure the school budget is properly managed

The role is often described as that of "critical friend" to the school: supporting the Head and staff whilst presenting an element of challenge, predominantly around strategic areas rather than the day-to-day running of the school, which is the responsibility of the Head.

### **What types of Governor are there?**

Our Governing Body consists of the Headteacher, 1 staff Governor, 5 Parent Governors, 1 Local Authority Governor (usually appointed by the County Council) and 7 Co-opted Governors, representative of the local community. In order to have a good mix of skills, the Governing Body conduct skills audits and when Co-opted vacancies arise, we may advertise for new Governors with a certain skill such as HR or finance.

Parent/ carer governors are recruited via a nomination and election process (if there are more nominations than vacancies). No particular skills are required other than an interest in the school and local community and the required amount of time to dedicate to the role. Please bear in mind that this role is not about being a class/year representative for parents to bring issues to the Head and more about understanding how the school runs, reviewing policies and considering matters such as budget management for the short and long-term.

### **What is the time commitment?**

We have 2 Committees:

The Full Governing Body, which meets twice a term for around 2 hours in the evening for all Governors.

Resources Committee, consisting of 6 Governors plus the Headteacher, which meets half-termly.

There is no commitment to join this committee, although it does give a good understanding of the school operations and we currently have vacancies on this committee that need to be filled.

A commitment to visit the school and undertake the role of a subject lead or lead in another area such as safeguarding or health and safety. Such visits should be at least termly, and half-termly visits are welcomed to attend specific events

New Governors will need to attend ½ day induction training and complete training on safeguarding and other specific areas. These are generally done remotely in the evenings.

## Dexter the Bear



Charlie had a brilliant weekend with Dexter. Charlie took him for a sleep over at his Nanny's house where they were able to play Xbox together, Charlie also took Dexter out in the garden where they fed the fish, played in the tent and he let Dexter ride on the little blue car, then Dexter watched Charlie have a water fight with his brother and sisters, Charlie will miss having Dexter about but hope he enjoyed his stay with Charlie!



## Year 2 AllSorts Trip

As part of our pledge to pupils and families, ([click here to see more](#)) we strive to enable our pupils to have opportunities to support the local community and for the community to learn from our fabulous pupils.

As part of this community outreach work, last year we made a wonderful link with **All Sorts Dementia Group**.

Directed by Kelly Felton, All Sorts run fun and relaxed groups for people with mild to moderate Dementia who want to socialise in an understanding environment whilst their loved ones gain some relief from their caring roles.

As a school we have the opportunity to take groups of children to All Sorts once a month, to work alongside their members completing **Arts and Crafts based activities**.

Our first group visited last Thursday and had a wonderful time decorating jars for the tombola, and completing some mindfulness colouring.



## Dates for the New term September 2023

Autumn Term 2023/24	
16 <sup>th</sup> September	National Teacher Assistant Appreciation day.
18 <sup>th</sup> September	Road Safety – Year R and 1
19 <sup>th</sup> September	New Reception Pupil Press Photo
20 <sup>th</sup> September	Introduction to RWI - info to follow
25 <sup>th</sup> September	Phonic Screening Meeting Year 1 parents: Book Via Arbor
27 <sup>th</sup> September	The F&B way Parent workshop by Mr Wells – in person, book on ARBOR
2 <sup>nd</sup> October	Read, Write Inc. Development day
3 <sup>rd</sup> October	PTA AGM
6 <sup>th</sup> October	Individual School Photo Day
9 <sup>th</sup> October	Parent Workshop: Self-Regulation and STEPS
9 <sup>th</sup> October	Inclusion Drop Ins & Parent / Governor Social – In school hall
10 <sup>th</sup> October	I Feel Better When... Mental health and Wealth Week
10 <sup>th</sup> October	Menopause Information Session: Open to the Community
12 <sup>th</sup> October	Year 2 Allsorts Trip
16 <sup>th</sup> October	Reception End of Topic – 14:30 arrival
17 <sup>th</sup> October	Year 2 End of Topic – 14:30 arrival
17 <sup>th</sup> October	Parents Evening
18 <sup>th</sup> October	Nursery End of Topic – 14:30 arrival
18 <sup>th</sup> October	Fred Talk : Read Write Inc. Phonic Parents Workshop Online book on ARBOR @ 19:30
19 <sup>th</sup> October	Parents Evening
19 <sup>th</sup> October	Houses of Parliament Trip for school councillors
20 <sup>th</sup> October	Year 1 End of Topic – 14:30 arrival
October Half Term – 23 <sup>th</sup> – 27 <sup>th</sup> October	
30 <sup>th</sup> October	Year 1 Special Event: Planetarium
3 <sup>rd</sup> November	PTA: Break the Rules Day
<b>TBC</b>	NEW reception and Year 3 parent applications OPEN for county council
2 <sup>nd</sup> November	Houses of Parliament Trip for school councillors
10 <sup>th</sup> November	Joint Readings and F&B Memorial Event for Year 2. Year 1 and R to be held at F&B
13 <sup>th</sup> November	Lantern Material Request to parents for Church
13 <sup>th</sup> November	Joint Event: Readings and F&B Friendship week
14 <sup>th</sup> November	Reception Special Visitors: Owl Visit
15 <sup>th</sup> November	Optional Flu Jabs –PM—more information to follow

15 <sup>th</sup> November	Set 1 Sounds: Read Write Inc. Phonic Parents Workshop Online book on ARBOR @19:30
16 <sup>th</sup> November	Year 2 Allsorts Trip
17 <sup>th</sup> November	Children In Need
25 <sup>th</sup> November	PTA: Film Night
20 <sup>th</sup> November	Geography week
27 <sup>th</sup> November	Parent Workshop 2: Speech, Language & Communication bookable on ARBOR
30 <sup>th</sup> November	Special Magical Visitors for all pupils! Shhh!
1 <sup>st</sup> December	Non-Pupil Day - school closed
4 <sup>th</sup> December	External Panto coming to F&B
7 <sup>th</sup> December	Year 2: to visit Reedings to see Christmas Show
7 <sup>th</sup> December	Inclusion Drop Ins & Parent / Governor Social 14:00 to 15:00 – Hall in use.
7 <sup>th</sup> December	Christmas Performance - EYFS <b>with tots</b> at 9:30am
8 <sup>th</sup> December	Christmas Performance - Year 1 and 2 <b>with tots</b> at 9:30am
11 <sup>th</sup> December	Christmas Performance – EYFS <b>no tots</b> at 09:30
11 <sup>th</sup> December	Year 2 Allsorts Trip
12 <sup>th</sup> December	Christmas Performance – EYFS <b>no tots</b> at 14:00
13 <sup>th</sup> December	Christmas Dinner Day
13 <sup>th</sup> December	Set 2 and 3 Sounds: Read Write Inc. Phonic Parents Workshop Online book on ARBOR @19:30
14 <sup>th</sup> December	Christmas Performance – Year 1 and 2 <b>no tots</b> at 14:00
15 <sup>th</sup> December	Christmas Performance – Year 1 and 2 <b>no tots</b> at 14:00
18 <sup>th</sup> December	RockSteady Concert – Year 1 and 2
20 <sup>th</sup> December	Christmas Donkey Visit for all pupils
20 <sup>th</sup> December	Special Festive Visitor
20 <sup>th</sup> December	School ends at 14:00
<b>Christmas Holidays 21<sup>nd</sup> to 3<sup>rd</sup> January</b>	

# Trips and Extra-Curricular Activities 2023—2024

## Trips and Enrichment Opportunities:

We have a number of wonderful trips, visitors, special events planned across the year. Some will be familiar to you because they continue to provide excellent learning opportunities but other will be new. This is to allow our curriculum to evolve and develop along with our pupils. We will always be mindful of cost to ensure all pupils have the opportunity to attend. We will be using Arbor for payments of trips. As always, we ask all families to pay for the trips but if there are ever any challenges around this, to contact the school.

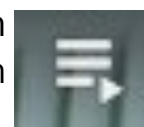
Club	Year Group (s)	Dates/Times	To book please contact
French	R, Year 1 & 2	Tuesdays, 15:15 to 16:00	<a href="mailto:rachelpovey560@btinternet.com">rachelpovey560@btinternet.com</a>
French	R, Year 1 & 2	Wednesday 08:00 to 08:45	<a href="mailto:rachelpovey560@btinternet.com">rachelpovey560@btinternet.com</a>
Spanish	R and Year 1	Monday 15:15 to 16:00	<a href="mailto:sylviadiazmar@gmail.com">sylviadiazmar@gmail.com</a>
Spanish	Year 2	Monday 08:00 to 08:45	<a href="mailto:sylviadiazmar@gmail.com">sylviadiazmar@gmail.com</a>
Choir	Year 2 (Currently)	Thursday 08:15 to 08:45	Bookable via ARBOR
Gardening	All years	Monday Lunch Times	Self selected: Free choice during Lunch time
Happy Hearts	Year 1 and 2	Lunch Times	Self selected: Free choice during Lunch time
Numbots Times Tables Rock Stars	R, Year 1 and 2	Lunch Times	Self selected: Free choice during Lunch time
Football	R and Year 1	Monday 15:15 to 16:15	By clicking the link: <a href="http://www.premier-education.com">www.premier-education.com</a>
Tennis	R, Year 1 and 2	Tuesday 15:15 to 16:15	By clicking the link: <a href="http://www.premier-education.com">www.premier-education.com</a>
Multi-Sports	R, Year 1 and 2	Wednesday 15:15 to 16:15	By clicking the link: <a href="http://www.premier-education.com">www.premier-education.com</a>
Gymnastics	R, Year 1 and 2	Thursday 15:15 to 16:15	By clicking the link: <a href="http://www.premier-education.com">www.premier-education.com</a>
Football	Year 1 and 2	Friday 15:15 to 16: 15	By clicking the link: <a href="http://www.premier-education.com">www.premier-education.com</a>

## F&B Curriculum

To find out more about what you child will be learning next year: [please click here and scroll down to the bottom to see the topic web for each term. It will share the key learning, skills and vocabulary.](#)

To enhance any learning and discussions at home about your child's learning you can have access to all key vocabulary flash cards that directly link to the learning by clicking on any [subject page](#) on the website and selecting the Vocabulary Cards page (found at the side on a website or at the bottom on the page from a mobile phone)

Over the last year we have organised a number of [parent workshops](#) all of which can be found [here](#). To choose a video you just need to click on the symbol with three lines and a triangle. Please see image bottom right hand side as an example.



Dear parents/carers,

The Coram Life Education & **SCARF** team will be visiting F&B this term with their pop-up inflatable classroom – **LifeSpace!**

Part of the Coram children's charity group, Coram Life Education provides support for Health and Wellbeing Education in schools. Workshops are delivered by skilled educators and the **SCARF** resource is the framework of our PSHE (Personal, Social, Health & Economic) education curriculum.

We will be holding a **WORKSHOP FOR COMMUNITY ADULTS** (parents, carers, etc.) on Thursday 14<sup>th</sup> September 2023 from **8:50am to 9:15am** in the school hall.

This is a chance for you to experience and discuss some key elements of the programmes that the children will take part in during the visit. **Please sign up via Arbor as soon as possible.**

If you can have younger children or babies looked after for the time, that is best, but don't let childcare concerns stop you coming – little ones are welcome.

If you are not able to come to the workshop, there will be a Meet the Educator drop-in session at the end of the day from 15:15-15:30 on Thursday 14<sup>th</sup> September. Pop in to say hello and speak to the Educator, have a look around **LifeSpace** and you might even meet Harold the Giraffe if he's not too busy with his homework! You can come to the drop-in with children, but we ask that children not come on their own during this time.

### **Workshops**

The fun, interactive and age-appropriate workshops help children to understand the importance of physical and emotional health; they learn vital life-skills that are also known to help their overall achievement.

Early Years and Key Stage 1: children learn about keeping their bodies healthy, managing feelings, being a good friend and the safe use of medicines.

### **Wider PSHE education and SCARF**

Over 45,000 teachers across the UK are now subscribers – here are some reasons why we have chosen this resource:

- SCARF provides a whole-school approach to building essential foundations – crucial for children to achieve their best, academically and socially.
- Supports learning from Nursery – Year 6
- Timetabled lessons to support mental health & wellbeing
- Covers all the DfE statutory requirements for Relationships and Health Education
- Regularly updated online curriculum
- Supports our school in meeting Ofsted's expectations
- UK's leading charity provider – not for profit

Click [here](#) to find out more about Coram Life Education & **SCARF** and be sure to visit our [Parents area](#) for ideas to support health and wellbeing at home.

We are looking forward to see you at Fawbert and Barnard Infants' School!



# Term Dates 2023/2024

[Please click the link here: to find this years academic dates](#)



## Fawbert and Barnard Infants School Academic Year 2023-2024

September 2023							October 2023							November 2023							December 2023							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
				1	2	3							1			1	2	3	4	5					1	2	3	
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30			25	26	27	28	29	30	31		
							30	31																				
January 2024							February 2024							March 2024							April 2024							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
1	2	3	4	5	6	7				1	2	3	4					1	2	3	1	2	3	4	5	6	7	
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10	8	9	10	11	12	13	14	
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17	15	16	17	18	19	20	21	
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24	22	23	24	25	26	27	28	
29	30	31					26	27	28	29				25	26	27	28	29	30	31	29	30						
May 2024							June 2024							July 2024							August 2024							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
		1	2	3	4	5						1	2	1	2	3	4	5	6	7					1	2	3	4
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				26	27	28	29	30	31			

<b>School days</b>	<b>School holidays</b>	<b>5 INSET Days/ 1 Occasional day</b>	<b>Bank Holiday</b>	<b>Weekend</b>
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In addition, schools allocate five non-pupil days out of the school days indicated, or the equivalent in disaggregated twilight sessions.

<b>Autumn Term:</b>	Monday 4 September 2023 – Wednesday 20 December 2023 <i>Half Term 23 October – 27 October</i> <i>School Occasional Day 01/12/2023</i>
<b>Spring Term:</b>	Thursday 4 January 2024 – Thursday 28 March 2024 <i>Half Term 19 February - 23 February</i>
<b>Summer Term:</b>	Monday 15 April 2024 – Tuesday 23 July 2024 <i>Half Term 27 May – 31 May</i> <i>May Bank Holiday - 6 May</i>



# fuerte

Join us for an evening of menopause awareness on **Tuesday 10<sup>th</sup> October 6.30-8pm.**

Menopause affects everyone: we will all know someone close to us who will go through it, even if it's not something we're going to go through ourselves. Whilst the majority of women start to experience symptoms from around the age of 45, this can happen sooner, so knowing what to expect now can really help prepare for menopause and reduce any concerns you may have about it.

Sarah Evans, former parent and governor, has set up Fuerte Consulting with the aim of increasing menopause awareness for women and encouraging employers to offer more training and support to menopausal women in the workplace. Having already offered training to staff on menopause awareness, Sarah has offered to run a session to raise funds for the PTA and share the training with parents/ carers and friends of the school.

The session will run for around 1.5 hours and will cover:

- What is the menopause/ peri-menopause
- What are the symptoms
- Treatments
- How to have discussions with your GP

There will be the opportunity to ask questions and share experiences, but no pressure to do so!

Tickets cost £3 per person and funds raised will go towards the PTA.



**[FOR TICKETS CLICK HERE](#)**

Please sign up using link above and then complete ticket payment on Arbor

(under school shop tab)