



F&B NEWSLETTER

Summer Term: Monday 29th April

This week is week **3** of the new lunch menu

Dear Parents and Carers,

After an incredible 26 years of dedicated service to Fawbert and Barnard, Mrs Lockwood has decided to retire at the end of this academic year. It is with a mix of sadness and gratitude that we bid her farewell. Over the years, Mrs. Lockwood has supported close to 2000 pupils making sure they have the best start to their education. I am sure you will join me in thanking her for her support and wish her all the best in her retirement.

Sun Safe

We are pleased to inform you that we are renewing our annual Sun Safe Schools accreditation which demonstrates our commitment to maintaining the health and wellbeing of your child(ren) during school hours. Whilst we recognise that some sun is good for us, Sun Safety is an important health and safety issue. Children spend almost half their childhood at school, with a great deal of time spent outdoors. During the warmer months of the year children are exposed to Ultraviolet Radiation (UVR) from the sun, the majority of which is when penetration is strongest (between 11am and 3pm).

Without adequate protection, a child's delicate skin can easily burn, this can cause cumulative and irreparable damage that can significantly increase their risk of developing skin cancer in later life. Whilst skin cancer remains the UK's most common and fastest rising cancer, the good news is that it is almost entirely preventable (around 90% of cases!) and with parental support, simple steps can be undertaken to ensure that your child is protected, can enjoy the sun safely and learn to develop healthy lifestyle choices.

Please take the time to read through our Sun Protection Policy which is available to view online via the following link: <https://www.sunsafeschools.co.uk/school/14095> This policy demonstrates our commitment to providing a Sun Safe environment, protective measures and education.

Dexter



Thank you for letting Albert take care of Dexter, he has absolutely loved it and hasn't let him go.

Albert introduced Dexter to his new bunny pip on Friday, they made great friends.

Albert took Dexter out for a Chinese in Sawbridgeworth. Dexter enjoyed seaweed very much.

Dexter and Albert had a game of pop-up pirate. Albert showed Dexter his art skills. Dexter and Albert were being very cheeky trying to wake Albert's dad up from his nap.



Secret Reader / Poetry recital

	<p>"I loved reading to the children. They loved the story and I loved reading it to them"</p>		<p>"It was lovely to read to Otter class. All the children thought the book was very funny! Great listening!"</p> <p style="text-align: center;">Lottie G</p>
	<p>"It was lovely reading to the children; I really enjoyed reading it to them in Danish and English"</p> <p style="text-align: center;">Mette W</p>		<p>"What a lovely experience. They all listened really well and Ellen seemed very pleased to see me!"</p> <p style="text-align: center;">Mike B</p>
	<p>"Gecko class loved Oi Frog! They really got involved in reading back the story to me too! I loved reading for them today."</p> <p style="text-align: center;">Samantha A</p>		<p>"It was wonderful reading to the Hedgehogs, they listened so well! Thank you"</p> <p style="text-align: center;">Victoria S</p>

Focus on Oracy: Poetry and rhymes

It was lovely to hear more children take part in last fortnight's poem. Vivian from Gecko and then Josh, Freyja and Isabelle from Otter class recited it beautifully to me! Here is this fortnight's poem; please do encourage them to join in at home too and find me in school to say it out loud:

Please encourage your child to add expression and actions! This is a shorter poem so maybe some Reception pupils may like to have a go!

Today I Saw A Little Worm By Spike Milligan

Today I saw a little worm
Wriggling on his belly.
Perhaps he'd like to come inside
and see what's on the telly!

'The nature of me' by Samia Palma (Koala parent)

On World Book Day in March, you may recall that one of our parents came and read a story to the school – her own book no less! The children and staff loved the book – it is a wonderful story with equally wonderful illustrations. Her name is Samia Palma (a Koala parent) and she has asked that we be kind enough to share with you, her kickstarter project (which is a Crowdfunder) to help fund her book being published. These are the details she has asked us to share with you in case you wish to support her. **She has said that she will donate 10% of her profits to our school as a 'thank you':**

About the book:

"The Nature of Me" is a wonderful book that takes readers on a journey through the four seasons, exploring the wisdom of nature. With Flora as the guide, the story teaches valuable lessons to children about caring for the environment, the beginning and end of cycles, embracing one's emotions, and the transformations that occur throughout life. The book is beautifully illustrated and is a great way to teach children about the world around them.

About the author & Illustrator:

The book was written by Samia Palma, mum of an F&B pupil. She also has a postgraduate degree in Transpersonal Psychology and works as a yoga teacher in Sawbridgeworth. The book was illustrated by another mum, Leticia Kumaira, a very talented Brazilian artist. The illustrations were all done by hand and in watercolour.

Book versions:

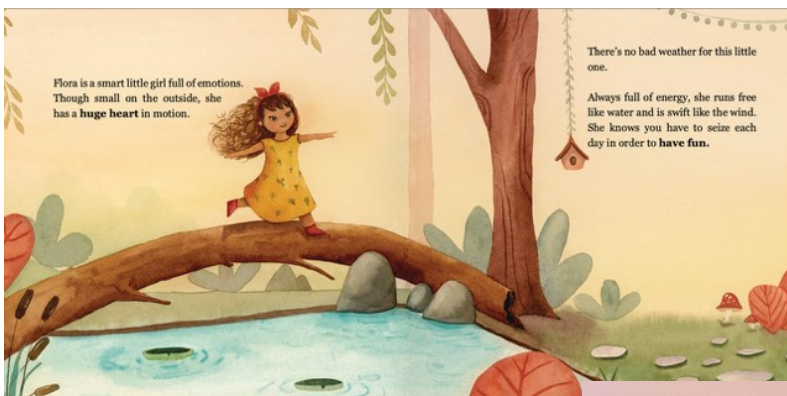
Two versions of the book will be available, one in English and the other in Portuguese.

Samia has created a unique URL to monitor the contributions made by the parents of F&B. She has generously offered to donate 10% of the amount raised through this link to our school.

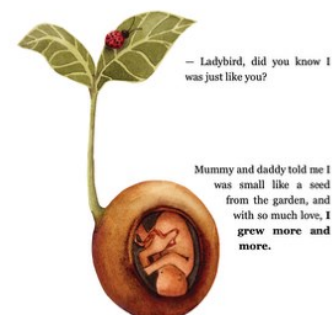
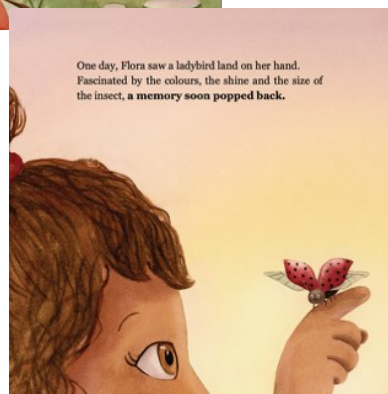
F&B referral link: <https://www.kickstarter.com/projects/samiapalma/a-minha-natureza?ref=f32o3m>

Please note:

The crowdfunding campaign operates on an "all or nothing" basis, which means that if the funding target is not reached by 24 May 2024, the project will not be funded, and Kickstarter will not charge anyone. Your credit or debit card will only be charged if the campaign successfully reaches its funding goal on 24 May.



A sneak peek of the first few pages of the book:



Term Dates 2023/2024

[Please click the link here: to find this years academic dates](#)



Fawbert and Barnard Infants School Academic Year 2023-2024

September 2023							October 2023							November 2023							December 2023						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
				1	2	3							1			1	2	3	4	5					1	2	3
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							30	31																			

January 2024							February 2024							March 2024							April 2024						
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29	30	31					26	27	28	29				25	26	27	28	29	30	31	29	30					

May 2024							June 2024							July 2024							August 2024						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
		1	2	3	4	5					1	2	1	2	3	4	5	6	7					1	2	3	4
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27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				26	27	28	29	30	31		

School days	School holidays	5 INSET Days/ 1 Occasional day	Bank Holiday	Weekend
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In addition, schools allocate five non-pupil days out of the school days indicated, or the equivalent in disaggregated twilight sessions.

Autumn Term:	Monday 4 September 2023 – Wednesday 20 December 2023 <i>Half Term 23 October – 27 October</i> <i>School Occasional Day 01/12/2023</i>
Spring Term:	Thursday 4 January 2024 – Thursday 28 March 2024 <i>Half Term 19 February - 23 February</i>
Summer Term:	Monday 15 April 2024 – Tuesday 23 July 2024 <i>Half Term 27 May – 31 May</i> <i>May Bank Holiday - 6 May</i>