



# F&B NEWSLETTER

Autumn Term: Tuesday 15 th October

We are on Week 1 of the lunch menu

Dear Pupils and Parents,



I know we are only in October but Christmas planning is in full swing.

Please can we ask for parents to complete the Festive Christmas Dinner for their child(ren). Thank you to those who already have.

[Year 2, 1 and Reception Click here](#)

[Nursery Parents click here](#)

## PE News

Since returning to school in September, our F&B community has embraced the return of the 'morning mile' with great enthusiasm. Every Thursday morning, children, parents, siblings and other family members gather to walk or run around our daily mile track before the school day begins (8.15am). It has been wonderful to hear such positive feedback, with many parents telling me it is great way to start the day, fostering a sense of community and boosting energy levels. Our 'morning mile' will continue through the winter months, so we hope to see you there. For any really enthusiastic runners/walkers, I have included a link to a weekly, free park run event at Grange Paddocks.

[home](#) | [Grange Paddocks junior parkrun](#) | [Grange Paddocks junior parkrun](#)

## PE Curriculum

**EYFS:** This half term children in EYFS have been developing their balance and co-ordination of their movement skills, learning how to negotiate space safely, working co-operatively and using different travelling actions through the engaging topic 'fantasy and adventure'.

It has also been great to see the children in Nursery enjoying their weekly Foxy Cycling sessions this half term. It is amazing how much progress the children make in developing those fundamental bike-riding skills!

**KS1** – Our Year 1 and Year 2 children have been enthusiastically participating in yoga lessons this term. These sessions focus on promoting physical flexibility, mental relaxation, and overall well-being. The children have been learning various poses and breathing techniques, which not only help them stay active but also improve their concentration and emotional balance.

## Winter Exercise Ideas for Families

As the colder months approach, it's important to keep our children active and engaged. Here are some fun winter exercise ideas that parents can enjoy with their children at home:

- **Indoor Obstacle Course:** Create a simple obstacle course using household items. This can include crawling under tables, jumping over cushions, and balancing on a line of tape on the floor.
- **Dance Party:** Turn up the music and have a family dance-off. Dancing is a great way to get moving and have fun together.
- **Yoga Sessions:** Continue practicing the yoga poses your children have learned at school. There are plenty of online resources and videos to guide you through family-friendly yoga routines.
- **Winter Walks:** Bundle up and take a walk around your neighborhood or a nearby park. Look for signs of winter and enjoy the fresh air.
- **Active Games:** Play games like Simon Says, hide and seek, or follow the leader. These activities can be done indoors and are perfect for keeping children active.

We hope these updates inspire you to stay active and healthy throughout the winter season. Thank you for your continued support in promoting wellness in our school community!

Mrs Ogle

# Dexter

Harley had a wonderful weekend with Dexter! On Friday, Harley and Dexter had a ride in Daddy's work van to go swimming.

Saturday morning, Dexter came to cheer Harley on at his Athletics club and the afternoon was spent playing lots of games with Harley's cousins.

Sunday morning, Dexter enjoyed sharing Harley's beans on toast and milkshake at the cafe before playing on the monkey bars and zip line at the park! Dexter then listened to Harley read before a nice early night ready for school. We've loved having Dexter!



25th September	The F&B way parent session – Book on Arbor from September 3rd – 18:30
24th September	Year 2 Scooter ability – Jasmine Class – more info to follow
1st October	Year 2 Scooter ability – Sunflower Class – more info to follow
2 <sup>nd</sup> October	School Council Parliament Trip
4 <sup>th</sup> October	Break the Rules Day
8 <sup>th</sup> October	PTA AGM – open to all 8pm
9 <sup>th</sup> October	Individual Photo's
21 <sup>st</sup> October	YN end of topic 11:00 and 14:40
22 <sup>nd</sup> October	YR end of topic 14:40
22 <sup>nd</sup> October	Parents Evening
23 <sup>rd</sup> October	Y1 end of topic 14:40
24 <sup>th</sup> October	Y2 end of topic 14:40
24 <sup>th</sup> October	Parents Evening
5 <sup>th</sup> November	Year 1 Planetarium in school
5 <sup>th</sup> November	Year 2 parent tours of Reedings 9:30 and 13:30 (book on Arbor from September)
11 <sup>th</sup> November	Year 2 Remembrance Service at Reedings
13 <sup>th</sup> November	Year R – Owls into school
15 <sup>th</sup> November	Children In Need
19 <sup>th</sup> November	Reedings Tour for prospective Reception Parents (9.30am & 1.30pm -Book with Reedings)
29 <sup>th</sup> November	Flu Spray Immunisations (Reception, Yr 1 & Yr 2)
2 <sup>nd</sup> December	Occasional Day – School closed
4 <sup>th</sup> December	Christmas Lunch & Panto
5 <sup>th</sup> December	9.30am Early Years (Nursery & Reception) Christmas Show
6 <sup>th</sup> December	9.30am KS1 (Yr 1 & 2) Christmas Show
9 <sup>th</sup> December	9.30am Early Years (Nursery & Reception) Christmas Show
10 <sup>th</sup> December	2pm Early Years (Nursery & Reception) Christmas Show
12 <sup>th</sup> December	9.30am KS1 (Yr 1 & 2) Christmas Show
13 <sup>th</sup> December	9.30am KS1 (Yr 1 & 2) Christmas Show
16 <sup>th</sup> December	2pm Rocksteady & Choir Concert
17 <sup>th</sup> December	Special Festive Visitor – shhhhhh!
19 <sup>th</sup> December	School Finishes at 2pm for Christmas break

# Term Dates

**Reedings Junior School and  
Fawbert and Barnard Infant School  
Term Dates for Academic Year 2024-2025**



September 2024							October 2024							November 2024							December 2024						
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30																					30	31					
January 2025							February 2025							March 2025							April 2025						
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May 2025							June 2025							July 2025							August 2025						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
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<b>Term Time</b>	<b>School holidays</b>	<b>5 INSET Days/ 1 Occasional day</b>	<b>Bank Holiday</b>	<b>Weekend</b>
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In addition, schools allocate five non-pupil days out of the school days indicated, or the equivalent in disaggregated twilight sessions.

[2025 to 2026 term dates can be found here](#)

## English Subject Spotlight: Focus on Oracy: Poetry and rhymes

Learning poetry is something we have been working hard to develop since last year at F&B. Through enjoying rhymes, poems and songs, and reciting poems or parts of longer poems together as a class, we can build children's strong emotional connection to language. The predictability of rhymes in poems and songs also helps children to memorise and re-use newly acquired words and phrases.

Each half term all of our classes have a poem that they learn, rehearse and then perform to you, our parents and carers as part of our end of topic celebrations.

Each fortnight in this newsletter, we will include on this page, a poem that I will have shared in assembly on the first Monday of every fortnight with Year 1 and 2 pupils. This will be shared in class for pupils in Nursery and Reception. Please find the poem below.

We would like to encourage you to share the poems at home too. If your child is particularly keen, they may want to practise and recite it to me in school! Any pupil who chooses to do this will receive a special sticker.

Helpful tip: We teach the children to recite the poem by stating the title of the poem and its author before they start.

Mrs Brooker (English Subject Lead)



### **'The Swing' by Marchette Chute**

*The wind blows strong and the  
swing rides free*

*And up in the swing is me, is me*

*And the world goes rushing by*

*And one of these days I'll swing so  
far*

*I'll go way up where the sea birds  
are*

*And plant my feet on the sky*

SAWBRIDGEWORTH EVANGELICAL  
CONGREGATIONAL CHURCH

# Make Lunch

*Big day out!*

Come and join us for bowling and games, followed by a hot lunch!

We are here to support families needing a helping hand throughout the school holidays.

**FREE OF CHARGE!**

**SPACES ARE LIMITED SO PLEASE BOOK YOUR PLACE NOW!**

**Wednesday 30th October 2024**

**11:00 am**

To book please email: [makelunch@secchurch.org.uk](mailto:makelunch@secchurch.org.uk) or phone/text: 07936 771081

# DSPL3 SEND Coffee Morning

We are excited to invite all parents and carers of children with SEND to a relaxed and supportive meeting designed to offer valuable information and networking opportunities. This gathering will serve as a welcoming space for you to connect with other parents and carers, share experiences, and gain insights into various topics that matter to you. Whether you're looking for practical advice, emotional support, or simply a chance to meet and chat with others in a similar situation, this event promises to be both informative and enriching with a range of professionals available to you. Light refreshments will be provided, and we encourage you to bring any questions or topics you'd like to discuss. We look forward to seeing you there and fostering a strong, supportive community together!

Priorswood, 65127 HB, 13 November 10-11.30 am



Coffee Morning

DSPL3

Delivering Special  
Provision Locally

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Provision Locally